

# OUTSPOKEN

Newsletter of the  
Santiam Spokes, Inc.  
P.O. Box 739  
Lebanon, OR 97355  
<http://santiamspokes.org>

Volume 24- No. 11  
August 2016

## 2016 Officers

**President** — Al Rimer  
**Vice Pres.** — Charles Taylor  
**Co-Secretaries** — Mary Ellen  
Lind & Barbi Thomson  
**Treasurer** — Sandy Law  
**Newsletter** — Greg Stephens  
**Ride Captain** — Art Olin  
**Webmaster** — Vince Nowell  
**Historian** — Open  
**Strawberry Director** —  
Trevor Spangle

Summer is upon us and it is time to enjoy the glorious weather. Time to ride and not work indoors so the Newsletter will be skinny for the next couple of months. Come join us on our rides. For more information contact **Al Rimer** at [AIRmr199@aol.com](mailto:AIRmr199@aol.com)



Share and like our networking apps!



## August 4th Meeting - 7:00 PM

There will be a board meeting prior to the General Meeting. We will be talking about the final Strawberry money and disbursements along with different Budget scenarios for the up coming year. In the General meeting, we will have a short business meeting to review that information and any new business. We will then proceed to the Social portion of the meeting.

The refreshments for the August 4th meeting are being provided by the club. Rumor has it, that there is a possibility of Subway sandwiches...or pizza. But you know how rumors are....generally unfounded! But on the other hand.....they may be true! Come join us and find out!

## We Have a New Treasurer



Sandy Law

**Sandy Law** has graciously agreed to take over the reins of Treasurer from **Maurice Banning**. She is in the process of getting up to speed with the business at hand and wrapping up the **2016 Strawberry Century**. Thank you so much Sandy for taking this on. The Club appreciates it immensely. Also, She and Lenny's place was used as the new **Rest Stop** on the Strawberry this year that everyone raved about. Thank you for that also.

## Welcome New Member

Jim Starr



## Slo-Poke Sez

### Anticipate, Anticipate, Anticipate

Ride ahead of your bicycle, and anticipate what is likely to happen, and what could possibly happen. Ride accordingly. Always make the safest decision!

# August Rides

**Aug 6 - SLCH to Green Mountain Counter Clockwise - Start 09:00 AM - SLCH - 40 Miles - C2 - 1562 Ft. Gain - Bring food/water. James Gang Pizza afterwards for those that want.**

<https://ridewithgps.com/routes/11429627>

**Aug 13 - Loop the Buttes Counter Clockwise - Start 09:00 AM - SLCH - 35 Miles - C2 - 1366 Ft. Gain. - Bring food/water. Ixtapa afterwards for those that want.**

<https://ridewithgps.com/routes/13900319>

**Aug 20 - North Albany to Independence - Start 09:00 AM - North Albany Shopping Center - 37 Miles - C2 - 1297 Ft. Gain. - Bring food/water**

<https://ridewithgps.com/routes/15186629>

**Aug 27 - Beazelle Memorial Park to Monmouth. Start 09:00 AM - Beazell Park - 46.5 Miles - C3 - 2500 Ft. of Gain. Lunch will be in Monmouth - Brandy Schuyler will be the Ride Leader.**

<https://ridewithgps.com/routes/15186775>



## Rides – Key for Route Description

- Cat I** - Flat to rolling hills, easy pedaling
- Cat II** - More rolling hills, short steep climbs....a hardy workout
- Cat III** - Moderate longer hills, with a few steep climbs. Be experienced and in good biking condition
- Cat IV** - Frequent hills, some long steep climbs. These are tough rides that require endurance

### Ride with Us

Get your Santiam Spokes Membership Application

[Here](#)

We ride on **Saturdays** (Club ride), **Wednesdays**, Twice (**Medium Hills and Distance** and **Evening Casual Rides**) and **Sunday** (Hills). To be put on any one of the email lists contact Al Rimer at [ALRmr199@aol.com](mailto:ALRmr199@aol.com) or for the Wednesday Evening Casual Ride contact Roger Munk at [dreadpirateroger@gmail.com](mailto:dreadpirateroger@gmail.com)

