

OUTSPOKEN

Newsletter of Santiam Spokes, Inc.

Volume 20, No. 11 • September 2012



My First Organized Ride: Covered Bridge Tour

By Debi Bloecher

I rode my first organized ride doing the Covered Bridge Tour this past weekend. Being a beginner rider, this was huge! I did the 40-mile route and had a great time! The course was very well marked and the traffic was pretty minimal. The rest stops were fun because I got to meet other cyclists from all over. I have ridden a few stage rides with the club but it wasn't until this past month or so that I started riding with a friend who encouraged me and challenged me

on roads and HILLS that I hadn't been on before. Many people kept telling me that if I just get out there and ride, that I would find that I could do things that I did not think I could. But I really didn't believe them. After taking the challenge and riding 40 miles, in 102-degree weather, I want to encourage other beginner riders to get out and ride. Take away the thought of how many miles it is or how big the hills are and you will have a good time. Find a friend to ride with and you will have tons more fun and it won't even seem like you are riding any distance. I don't ride fast, but LOVE to ride my bike.



OFFICER'S SLATE 2012 - 2013 Santiam Spokes Bicycling Club

We will be voting at the
September Meeting

President

Ron Kropf

Vice President

Lynn Trimpe

Secretary

Christy Davies

Treasurer

Dennis Murphy

Membership

Wade and Debi Bloecher

Newsletter

Kari Kropf

Ride Captains

Brian and Christine Hubbard

Starwberry Century

Position open

Webmaster

Maurice Banning

Publicity

Mark Burdell

Historian

John Smith

Santiam Spokes Club Meeting

September 6 • 7:00 pm

Samaritan Lebanon Community Hospital





*"Night Riders" - Rode the 100 mile route: Maurice, Julie, Barbi, Tom, Adrienne, and Wade. Before and After the covered Bridge Century Ride.
Photographs courtesy of Debi Bloecher*

The Farm-to-Farm Century

The Farm-to-Farm Century is back for a second year, and this isn't just a bike ride. It's 100 miles of beautiful, backcountry roads and sweeping Willamette Valley landscapes. It's several hours of unforgettable times with 99 other like-minded cyclists. It's discovering local farms and enjoying healthy, natural, mouth-watering edibles. And certainly, it's an event that leaves you feeling proud, healthy, and a little tired.

The Farm-to-Farm Century begins and ends at the Monroe Sharing Gardens on Saturday, September 15, 2012. Throughout your pedaling journey, you will visit four food-producing farms, where you will be spoiled with the best-tasting mid-ride food that comes directly from the farms and local, food-producing companies that share our philosophy: Be healthy! Eat locally!

At the end of your 100-mile excursion, the folks at Monroe Sharing Gardens will greet you with a freshly prepared, catered meal. Live bluegrass music will play in your ears while you share stories with your new friends. And, as our way of saying thank you for participating in this event and supporting local farms, you will head home with a Bounty Bag. (It's like swag, but better. Much better.)

For more information about The Farm-to-Farm Century, please visit:

www.farmtofarmride.com

Jennifer Hughes
Director of Operations



Jefferson to Aumsville

*Left: Ace and Dennis riding quiet country roads
Above: Regroup: Wade, Barbi, Dennis, Tom, Ron, Bill, Mary Ellen, & Ace
Photographs courtesy of Kari Kropf*

Santiam Spokes Monthly Meeting Minutes

August 2, 2012

Regular meeting:

- Call to Order at 7:11pm.
- Debi brought in birthday cake for Christine. It is also Bill's birthday today, Happy Birthday!
- Get well card going around for Rod.

Business Meeting:

- Minutes: July 5, 2012, Ron entertained a motion to approve minutes.
 - Mary Ellen motioned to approve the minutes.
 - Ace seconded.
 - All were in favor; minutes approved.
- Treasurer's Report (John):
 - Total Assets \$12,665.74.
 - Following the format for the Ochoco Tour:
 - Each Rider Costs: \$146.08 (minus deposit?)
 - Club Costs: \$565.38.
 - Discussed a favor of picking up chuck's service call of \$100
 - Debi says club shouldn't have to provide, those who rode should pick up the service. It's only \$5 per person.
 - John said he could take \$5 out of everyone's deposit. He will send an email out to those on the tour.
 - Ace motioned to approve each rider from the Ochoco Tour to pay \$5 to help pay for Chuck's service call.
 - Bill seconded.
 - All in favor; John will send out the email and will take \$5 out of the deposit.
- Membership Report (Debi and Wade):
 - Total memberships: 85
 - Total riders: 138
 - New memberships: 3 new members and 5 new riders this past month. We've also received a total of \$115 in donations from these new memberships.
 - Barbi motioned to approve membership report.
 - Bill Seconded.
 - All in favor; membership report approved.
- Newsletter (Kari):
 - Nothing really new to report. People who get theirs in the mail will get theirs in the mail and the rest are emailed out.
 - Bill asked if we've lowered the number of mailings. We started last month, so still trying to lower as much as we can.
- Ride Schedule (Jo):
 - All rides are scheduled.
 - All leaders will have what they need for their upcoming rides.
 - Everything covered.
 - Wade had a question about staged rides...he's leading the longer section for the Mt Pleasant ride. He and Jo do not have the map sheets for the short riders.
- Spinners (Christine and Jo):
 - Monday rides at 6pm in August starting at the Lebanon Community Hospital.
 - Saturday rides at 9am leaving from Jefferson Middle School. There are 3-4 rides that can be done and will be decided among the riders that show.

Old Business:

- Bylaws (Board):
 - Dennis spoke about the bylaws not being up to date. Roger went through and took the various suggestions for our bylaws and make a proposed update. Most of these are cosmetic and minor changes. The board voted on amending the bylaws.
 - Charles suggests that not just one person do this task, it should be a small group.
 - Dennis informed the group that there will be a group, headed by Maurice, who will work on amending the bylaws.

- Each amendment should be voted on individually (not as a whole).
- Nominations
 - Ron discussed revisions we needed to talk about were the election of officers. Next month we have the slate of nominees and in October have a vote. Ron asks if we need to stick with the old one or go with the new one.
 - Dennis says since the new bylaws are not in place, we should follow the old bylaws.
- Safety:
 - Ace: in the bylaws you can't wear earphones but its okay to go through stop signs?
 - Maurice says that's one of our contradictions he found.
 - Ron says we should be living by the laws of the road, not just when it's convenient.
 - Dennis says it's in the bylaws about abiding by all traffic rules (Article 6, safe riding). Also discussed those who wear hearing aids tend not to because of the wind, but maybe they should wear their hearing aids.
 - Ron would like to know do we just make people aware, no policing?
 - Barbi thinks some of the program should be about safe riding.
 - John mentioned having the basics, like stopping at stop signs.
 - Bill says about two years ago there was a safety column in the newsletter.
 - Ace doesn't want to discuss it all right now but feels when you make a hard fast rule again one thing, is it against a person or safety or just using it as an excuse. We need to be consistent.
 - Dennis stated that the Mid Valley rides say no ear buds (not even one) and single file.
 - Wade asked if Ace felt this was a personal attack on one person?
 - Ace said no, if talking about safety, let's be considerate about safety not just one time.
 - Ron discussed that ride leaders need to remember and remind others to stop at stop signs, ride single file, and get back into the rides to make it more safe for everyone involved.
 - Bill suggested having the ride waiver forms with the safety rules on the back, how we used to have them.
 - Christine doesn't believe that everyone reads the waiver when they sign in for the ride.
 - Maurice stated if you have a rule, and everyone ignores it, shouldn't you remove it?
 - Ron mentioned shouldn't you have them, abide by them.
 - John discussed getting a group stopped and mention "lets get off the pavement" instead of being in the middle of the road. Encourage others to stop at stop signs, include doing it yourself.
 - Ron agrees, we say "clear" before crossing the road, we should stop instead of ride through.
 - Ace stated that perhaps this is not the place to discuss it, it's not just one thing, there are other things too.
- Email Distribution of Outspoken: The note from last months' meeting stated that Wade and Debi would send out notices to everyone who had email that the Outspoken newsletter is ready to be viewed.
 - Bill asked how many were getting through the mail. Debi says there were 30 through the mail, 27 of those were not to bike clubs.
 - Ron is looking at ways of having less postage.
 - Jo says that Debie can take them off of the hardcopy.
 - Kari says she has to keep the newsletter to five pages and sends with a regular stamp.
 - Dennis says there are people who don't have email addresses, and people who have email but no printer (who want it on hardcopy), these are the cases where they like it mailed.
- Budget building for 2012-2013:
 - Chuck says they sold all of the shirts, maybe we can sell more? It's too much trouble to have them place an order, it's better to have a few extra. Also the question on the sizes too.
 - Dennis says some years we underestimate the food, some years we overestimate, this year we underestimated the shirts. Thinks we

probably could have sold another 20 shirts easily, we just didn't have them. One pressure of watching out for expenses and trying to be smart with the club's money, and weighing that against how many additional shirts, and what sizes, it's an educated guess. The shirts are not a money maker, but a great advertisement.

- o John has been working with Dennis and owes him a few more numbers. Dennis will be able to come up with a good budget with those numbers. John says that quickbooks will let you do reports to a degree. It goes through the check registrar and looks at categories of items under that check. Certain expenses associated, promoting (brochures), events (Chocolate Ride, Christmas party) were we spend some money, and the Strawberry is the bulk of the money. By categorizing we should know where our expenses are and help us decide what sort of reserve for the Strawberry and to operate on. It's not so much hard, it's just time consuming. You also need to set it up in the beginning (for categories). It's only as good as the original setup. Finds out he needs to set up more categories to line up expenses. Otherwise it's going to admin or misc.

New Business:

- Nominating Committee (Wade, Debi, and Ken): Ron asks that we help them out when they call. Volunteer for positions that come up. Trying to get new people to become involved because people have been doing it for a long time... Vice President Barbi?? Denise seconded. Wade has tried to contact several people and will be making calls.
- o Debi said they have contacted a couple of people. Some people need to know more about the job before they'll agree. The bylaws don't give all of the information for the job titles. She has someone interested in helping with Publicity, but the bylaws are vague.
 - Dennis says the biggest part of Publicity is for the Strawberry. That's everything from looking for sponsors to getting the brochures out, but it shouldn't scare people because if you are in charge of Publicity it doesn't mean that you have to be the one who designs the shirt or brochure; it just means that you find someone to help out and do those things. That's what most of these jobs are about. You don't have to do everything; you would just be responsible for making sure that this particular thing happens. Dennis could tell someone what they could do, Bill knows the other things. Occasional newspaper articles, donations, PR type of things, etc. It helps in the community, and use your own creativity.

- Publishing of weekly rides over the internet could be ride leader or publicity duties. Ron will continue to send out the email reminders for the rides, Mary Ellen thinks this is very beneficial.
- Bill says Publicity is internal as well as external. When a paper was written, Roger was interviewed, the video was made, youtube, that's all Publicity for the club. The Chocolate Ride we should be getting a picture in the paper of all of us sitting there filing our faces. It's really about us telling our story and how we do it and we are having fun doing it. The more you promote the club the more you attract more members. Barbi got us going with the chamber. Same thing with the new University over here... that's PR. What we have done other than the black back thing. We should be promoting ourselves to those folks and getting some of them involved in what we are doing. Maybe they don't want to but we should still be telling our story.
- Barbi asked if we had been invited to the ceremony coming up. Debi said we haven't not received anything.
- Bill capitalized what Dennis said... a couple of years ago we had something written up for the Strawberry, what needed to be done and how it needed to be done, that's all the documentation to be done. While there are things that need to be done, we can delegate.
- Christine mentioned our new Facebook account. We currently have 18 "likes" on Facebook but more members who have Facebook who haven't liked our page. One our Facebook we also have ride information and spokes updates.
- Extra T-Shirt from Strawberry: Raylene gave Christine a Large Strawberry Tshirt that was extra (unknown reason) and Dennis took it to give to a volunteer who didn't get one.
- Oregon Scenic Bikeways Brochure: Rod asked Christine to share with the club the brochures for the Oregon Scenic Bikeways.
 - o Bill discussed how this is a way of bringing tourism to our community and a way for us to learn other routes we can ride for the club or on our own.
- Thank you: Chuck says thank you for your support on the trip... particularly Wade, Rod, Tom, and Jim. They stayed about every day and were a big help. The Fuel Modulator went bad which was an \$800 fix. Thank you to help support the service call.

Adjournment:

- Adjourned at 8:26pm

Santiam Spokes Board Meeting August 2nd, 2012

Welcome/Call to Order:

- Call To Order at 6:01pm

Scheduled Business:

- Strawberry Finalizations (Dennis):
 - o A prelim analysis has been done.
 - o \$7,700 prelim net income including standard additional donations.
 - o Dennis asked if the church charged, we gave them a donation. John thinks Raylene knows.
 - o John has already written checks for regular donations and payments. 25% of the net would go to the club for general funds for club purposes: promoting bicycling, sag support which adds up to \$5,700ish.
 - o The Philanthropy committee has approximately \$2,000 to distribute.
 - o John says there is an \$8k reserve for the Strawberry and thinks it should be \$9k because of the raising cost of food, etc. Dennis says \$8k is enough.
 - o Some think that the volunteers shirts should have a different colored shirt than the riders.

- o Dennis thinks we should all have same type and color of shirt...not different types of shirts (other than long or short sleeve).
- o We paid more than we have in cost of the shirts than we took in. It's good advertisement. If we would have had more, maybe we would have sold more, but varies each year.
 - Dennis thinks we are breaking even. Thinks we should raise prices on the shirts, but doesn't want to get into the different shirts.
 - Bill is ambivalent.
 - John would like to see even price for sales of shirts.
 - We were charged for short sleeve shirts: \$9.46/ shirt in 2011; \$10.55/shirt in 2012
- o John's spreadsheet is incomplete...he's still working on it.
- o Flyers/Brochures: We need to look at these closer next year, stick with the way we have done or look at other types that others are doing.
 - How can we get them sent inexpensively?
- o Equipment: Need to move stuff out of Al's place.
 - Need it close to the Lebanon High School.

- Need to consider transportation time/location and price
 - Club needs to make the decision.
- Competition: John says it seems to him that there are more competing rides out there, would be interesting if we could get an informal list of what they are, what they're charging, etc.
 - Maurice says Hood River has cranked up their ride, and it has been the same time, and a few others on that same date. Most of these are fundraisers and they charge a lot more to ride. And they pledge.
 - Bill says the bicycle newspaper publishes a list of all the bike rides they're aware of.
 - Dennis says that our comments say we have good values, competitive pricing, reputation, one of the best supported, it's only natural that others will nip at our heels. Just keep doing what we're doing. What are we going to do? Cancel because others are competing? We have 20 years of doing it on this date, we do a darn good ride, it's supported, economically priced, etc. It takes the same number of volunteers. We are comfortable at 600-800, beyond that we would need to raise prices.
- Bylaws:
 - Maurice says it's on the website.
 - Maurice also says when you go through it in detail, there's contradiction. What happens is you contribute the same state of the bylaws; it's a rubber band patch to something that's already been rubber band patched.
 - John says something to be considered in the next couple of years, look at a fee to have somebody who writes these things, go through it and have an attorney.
 - Bill says that the League of American Bicycling as an origin of this thing. Then modified. The modifications were just thrown into the document and the old way is there too. That's where we get the contradictions.
 - Maurice sent a list to Ron of the contradictions. It mentions a "board" but not who is part of the board.
 - Dennis says this is a legal document, if it's revised we have to send to corporation.
 - Maurice says there's a form you have to send in.
 - Dennis says that periodically we have to do financial reports. Every year he had to send in a financial report, and who the officers were, if we changed the bylaws we had to give them an update of the bylaws.
 - Maurice says that the State Corporation Commission shows everything we have ever filed with them.
 - Dennis says:
 - Do we approve the ones that Roger has made?
 - Do we form a committee to revise the bylaws in it's entirety. Because that's a bigger tasks, it will take time, it shouldn't be one person, should be 2-3 of us to work through it.
 - John thinks we need to develop a reserve and talk with an attorney
 - Dennis said "If you are a member of a board to a non-profit organization, you cannot be sued for liability. The reason it's there is because people were refusing to be on the board, because they didn't want to be sued."
 - David Delsman (sp?) helped in 2001 with our bylaws. He is not on our membership roster.
 - Motion: to approve as written, the changes that Roger has proposed, and this requires it to be published in the newsletter once or twice per the bylaws. Then the club has to vote on it, so we have time to read those.
- Dennis made a motion we bring this to the club and we start procedure to amending the bylaws. Follow instructions in the bylaws to amend the bylaws. Publish the changes we are proposing into the newsletter and then vote.
 - John Seconded
 - All in favor! – Post to club website for the 30 day option.
- Motion: In the September newsletter, make announcement we are going to change the bylaws as per what's posted on the website with proposed revision. If in our newsletter, we could vote on it in the October meeting.
 - Dennis made the motion to use Option B and Maurice will post the proposed bylaws on the website and in the September newsletter will include a notice to the club about reviewing the proposed changes and vote in the October meeting.
 - Bill Seconded
 - All in favor!
- Dennis says we need to establish a committee headed by Maurice to do a complete revision of the bylaws and to consult with an attorney if needed.
- Maurice wants to know why we have bylaws.
- Bill says because we're incorporated.
- Maurice asked if there is a law that says we have to.
- John asked if we need to check with this Mr. Delsman because if he is not able to serve in that position, we need to work something out.
- Bill says that Dave (Mr. Delsman) is a practicing lawyer.
 - John asked Bill to give Dave a call.
 - Maurice asked if Bill if Dave can give free legal service.
 - In the beginning, per Bill, Dave gave us free legal service.
 - John doesn't see a problem with allocating a fee for an attorney for putting his time into it.
- The bylaws provide structure of the club and the purpose of the club.
- Bill says we should go to our insurer to see what they have on us.
- John has been meaning to do this so he will call the league regarding the boiler plate.
- Dennis says board members are to be given bylaws by the president. Sometimes there may be a problem with a board member, and the bylaws have rules and instructions to default to if we need to.
- Nominating Committee:
 - Wade was asked to be part of the nomination committee, but his preliminary report is that everyone he has contacted has basically said no. "So at this point, you've got people who have run the club for 100's of years and others who don't want to for 100's of years. He doesn't see the new slate of officers." He's also had a problem with asking someone who has already done it 2-5 times. So he has been selective on who he asks.
 - Dennis suggests, don't do it by email; have all three of you call the contact. One person may get no but another person may get a yes.
 - John says "It's the same group who bears the burden year after year."
 - Ron says it's a lot easier to reject over email vs phone calls.
 - People are afraid to volunteer as a board member because they don't know enough and don't think they can handle it. There's a fear that you have to have all this knowledge and experience.

Membership Application

In Santiam Spokes, Inc.

Release Waiver

I waive any and all claims against the Santiam Spokes, inc. and its sponsor Lebanon Community Hospital and any other group associated with them in their programs. I agree not to hold them responsible for any accidents or injuries that I may experience as a participant in any of their activities. Further, I agree not to hold them responsible for damage to any property or equipment while participating in any of their activities. I agree to release them from any and all liability of any kind or nature, and by so doing I am allowed to participate in Santiam Spokes, inc. activities and programs. I agree to wear an A.N.S.I. or Snell approved helmet while participating in any and all Santiam Spokes rides. I agree to practice safe and courteous riding procedures and techniques and will obey all traffic regulations while participating in any and all Santiam Spokes rides.

Individual-\$10/yr Family-\$15/yr

Please check one

I/We would like to receive newsletters via:

Email Mail

Signature of 1st member	Date

Complete all sections of this form and mail it with your check to

Santiam Spokes, Inc.
c/o Samaritan Lebanon Community Hospital
PO Box 739, Lebanon, Oregon 97355

You're now a member. We'll send you membership materials and Outspoken. Come to the next meeting and take part in the rides. Get involved in all club activities. The Club is what we make it.

Name of 1st member

Name of 2nd member

Name of 3rd member

Name of 4th member

Mailing Address

City State Zip

Home Phone Work or Cell Phone (if available)

Email

Sign Liability Release To The Left

..... Optional Information Below

[_____] Age of 1st member [_____] Age of 2nd member

[_____] Age of 3rd member [_____] Age of 4th member

Occupation of any Applicant

I am a member of the League of American Bicyclists

I am a member of Adventure Cycling

I belong to other bicycling clubs as listed below:

Ride Preferences:

Easy, 3-15 mi. Sport, 20-50 mi.

Tour, 30-80 mi. Competitive, 40-100 mi. fast

Off-road, i.e. mountain biking

Club Information: Santiam Spokes is a recreational bicycling club for cyclists of all ages & abilities. The Willamette Valley offers wonderful roads through beautiful farmland with plenty of hills nearby. We ride weekly Saturday year-around plus other times during the dryer months. Club meetings are normally each month the first Thursday at 7:00 PM at the conference center of Samaritan Lebanon Community Hospital. See Outspoken for specifics. The public is invited to the rides & meetings. 2011/2012 Club officers are: Membership > Wade & Debi Bloecher, 541-926-1639; President > Roger Gaither, 503-394-3696; Vice President > Ron Kropf 541-401-7178; Ride Captains > Roger Gaither, 503-394-3696, Jo Johnson, 541-327-2813; Secretary > Christine Davies; Treasurer > John Hebda, 541-791-5321; Historian > Bill Pintard, 541-967-3295; Newsletter > Kari Kropf, 541-401-3349; Publicity > Roger Gaither, 503-394-3696; WebMaster > Maurice Banning, 541-928-6311; Strawberry Century > Dennis Murphy, 541-738-8600;

SEPTEMBER RIDES 2012

The Terrain Category will be identified on each route description in the newsletter and on each route sheet that is given at the start of the ride. Also on the route sheet areas that are known to be hazardous will be marked with the word "CAUTION". The overall average group speed for our regular club is 12 - 14 mph, and 8 - 12 mph for Santiam Spinner rides. Some bikers choose to ride faster and sprint ahead of the group and some bikers ride slower. Each person may set his/her own pace. The ride leader usually selects places along the route where the bikers re-group, usually at a turn in the route. In case of extreme weather conditions, please call the ride leader or Jo Johnson, 541-327-2813, to check on the possibility of the ride being cancelled.

KEY FOR ROUTE DESCRIPTION

Cat I	Flat to rolling hills. Easy pedaling.
Cat II	More frequent rolling hills, possible several short, steep hills. A hearty workout.
Cat III	Moderate, longer hills, with a few steep climbs. Need to be experienced and in good biking condition.
Cat IV	Frequent hills, some long and steep climbs. These are tough rides that require endurance.

Wednesday Wanderers

Every Wednesday • 10:00 am

Start at the Linn County Fairgrounds parking lot. Call Jo and Ace Johnson at 541-327-2813 for more information.

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Saturday, September 1, 2012 • 9:00 am

North & East of Eden

Start: Samaritan Lebanon Community Hospital, Lebanon
40 mi • Cat II

Description: A generally easy ride with some modest rollers thrown in. We ride North from Lebanon, through Crabtree, cross Hoffman Covered Bridge, skirt Scio and Lacombe, and cruise past Mallard Creek Golf Course as we ride back towards Lebanon. This ride has several early return options to get back to Lebanon for those who want shorter ride options. The return options will be discussed during the route talk before we leave SLCH. Bring water and a snack as there is no lunch stop scheduled for this ride.

Leaders: Jessica Ruef, 541-409-0005 or 541-451-3338

Saturday, September 8, 2012 • 9:00 am

Dallas Loop

A Club Classic

Start: 1020 Pulver Lane (off of North Albany Road) North Albany
60 mi • Cat II

Description: This ride offers more distance than some. Dian invites riders to show up a little early for coffee and bagels and then start the ride from her house. 1020 Pulver Lane (off North Albany road). Take this opportunity to enjoy riding through gentle rollers past many fields and orchards that are just harvested and the fall colors are beginning to appear. We ride through Monmouth and along Hwy 99 bike path. Lunch at Murphy's Grill in Dallas.

Leaders: Dian Gerstner, 541-926-1188

Saturday, September 15, 2012 • 9:00 am

Jefferson - Albany via Buena Vista Ferry

Start: Jefferson Middle School, Jefferson Oregon
41 mi • Cat II

Description: A new spin on old routes; starting at Jefferson Middle School, Buena Vista Ferry, North Albany rollers, lunch at Bo-Macks in downtown Albany, then on to Dever- Conner farmland and Bluff Rd. This should be a fun route!

Leader: Jo and Ace, (541-327-2813)

Saturday, September 22, 2012 • 9:00 am

Peoria Loop

Farmland ride with a stop at the Mennonite Bakery

Start: Corvallis Under Harrison St Bridge
45 mi • Cat I

Description: We start at the Harrison Bridge in Corvallis then go east about a mile on Hwy 34 to access Peoria Road. This is a nice, flat ride through agricultural country including a stop at the Mennonite Bakery for treats and coffee before heading east on the backroads to Shedd for lunch. Then more country roads back to Corvallis.

Leaders: Steve Snyder, 541-981-1490

Saturday, September 29, 2012 • 9:00 am

Stayton-Mehama with Fern Ridge Road

A Scenic Loop In The Foothills East Of Stayton

Start: Old Safeway location. See below
20 mi • Cat III

Description: (See longer stage option below) This pretty loop starts in the old parking lot of the old Safeway location (corner of Washington & Main). We'll head east on Fern Ridge road to Mehama and return on the Old Mehama road. This is a scenic loop with a few serious hills. We'll find lunch in Stayton.

Start: 8:00 am - Hart's Nursery, Jefferson
Longer Stage Option. Add 29 mi: Cat I

Several of us will start at Hart's Nursery in Jefferson at 8:00 AM and ride to Stayton to join the group starting there at 9:00 AM. This adds 14 mi going and 15 mi returning for an extra 29 miles.

Leaders: Melissa Thompson, 541-926-4313

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SANTIAM SPINNERS - September

The routes for Santiam Spinners are generally flat with occasional moderate hills, along low-traffic secondary roads. Average speed will be within 8 — 12 mph. The group will stay together and look out for each other. Approximately 20 miles/Cat I. Riders are welcome to return earlier for a shorter ride option.

Saturdays: September 1, 8, 15, 22, 29 • 9:00 am

Start: Jefferson Middle School, Jefferson Oregon

Saturday rides are approximately 20 miles, and riders are welcome to return early for a shorter ride option. A route (as described above) will be chosen by the group at the start of the ride.

Mondays: September 3, 10, 17, 24 • 10:00 am

Start: Linn County Fairgrounds - under the flagpoles

For September, Monday rides will be moving to a new time and start location. Meet at Linn County Fairgrounds parking lot, under the flagpoles. 3700 Knox Butte Road East, Albany, OR

Contact Ken Fullen, 541-327-2084 for more information.



Santiam Spokes, Inc.
 c/o Samaritan Lebanon Community Hospital
 P.O. Box 739, 525 North Santiam Hwy.
 Lebanon, Oregon 97355
 www.santiamspokes.org

September 2012					Santiam Spokes	
SUN	MON	TUE	WED	THU	FRI	SAT
<p>See inside newsletter for more ride details, or visit our website at www.santiamspokes.org</p> <p>Outspoken Submissions Please submit material for Outspoken to Kari Kropf: bluekat78@comcast.net PO Box 1183, Lebanon OR 97355</p> 					<p>9:00 am North & East of Eden 1 Start: SLCH 40 miles / Cat II Jessica Ruef, 541-409-0005 or 541-451-3338 9:00 am Santiam Spinners Start: Jefferson Middle School 20 miles +/-, Cat I Contact: Ken Fullen, 541-327-2084</p>	
2	<p>3 10:00 am Santiam Spinners Start: Linn County Fairgrounds 20 miles +/-, Cat I Contact: Ken Fullen, 541-327-2084</p>	4	<p>5 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.</p>	<p>6 Club Meeting 7:00 pm Samaritan Lebanon Community Hospital 525 N. Santiam Hwy Lebanon</p>	<p>8 9:00 am Dallas Loop Start: 1020 Pulver Lane (off of North Albany Road) 60 miles / Cat II Dian Gerstner, 541-926-1188 9:00 am Santiam Spinners Start: Jefferson Middle School 20 miles +/-, Cat I Contact: Ken Fullen, 541-327-2084</p>	
9	<p>10 10:00 am Santiam Spinners Start: Linn County Fairgrounds 20 miles +/-, Cat I Contact: Ken Fullen, 541-327-2084</p>	11	<p>12 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.</p>	13	<p>15 9:00 am Jefferson-Albany Start: Jefferson Middle School 41 miles / Cat II Jo and Ace, (541-327-2813) 9:00 am Santiam Spinners Start: Jefferson Middle School 20 miles +/-, Cat I Contact: Ken Fullen, 541-327-2084</p>	
16	<p>17 10:00 am Santiam Spinners Start: Linn County Fairgrounds 20 miles +/-, Cat I Contact: Ken Fullen, 541-327-2084</p> <p>Outspoken Submissions Due</p>	18	<p>19 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.</p>	20	<p>22 9:00 am Peoria Loop Start: Corvallis Under Harrison St Bridge 45 miles / Cat I Steve Snyder, 541-981-1490 9:00 am Santiam Spinners Start: Jefferson Middle School 20 miles +/-, Cat I Contact: Ken Fullen, 541-327-2084</p>	
23	<p>24 10:00 am Santiam Spinners Start: Linn County Fairgrounds 20 miles +/-, Cat I Contact: Ken Fullen, 541-327-2084</p>	25	<p>26 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.</p>	27	<p>29 9:00 am Stayton-Mehama Start: Old Safeway location, Stayton 20 miles / Cat III 9:00 am Santiam Spinners Start: Jefferson Middle School 20 miles +/-, Cat I Contact: Ken Fullen, 541-327-2084</p>	

Visit our website for the latest information on rides: www.santiamspokes.org