

OUTSPOKEN

Newsletter of Santiam Spokes, Inc.

Volume 20, No. 12 • October 2012



Where are my gloves?

By Kari Kropf

Every fall I go through the same thing. Sometimes it's getting caught out in cool weather and realizing I should have brought an extra sweater, or I remember the rain jacket, but forget to also bring the rain cap and shoe covers.

Instead of dashing out the door to the ride, I'm frantically dashing around the house looking for all those bits and pieces of winter bike gear that over the summer have slunk off to the nether regions of the house.

So I'm making a list and checking it twice ... oh wait, wrong season ... Time to start rounding up those warm layers and wet weather gear, and get them back into my gear bag.

- Rain jacket
- Helmet cover
- Shoe covers
- Rain pants ... if you have 'em. I don't.
- My winter cycling jacket and the cashmere sweater I found at a second hand shop. Yeah, I bought it for work, but dang that thing is warm.
- My beloved wool icebreaker shirt, and the wool beanie I aquired just last year.
- Arm warmers
- Leg warmers
- Winter tights...where oh where are the winter tights!
- Wooly socks. Happiness is a drawer full of wooly socks.
- Buffs and scarves and balaclavas, oh my!
- Full-finger gloves and silk liners
- Chemical warmers if you're so inclined.
- Hot toddy flask that slips discreetly into jersey pocket. ;)
- Oh, and fenders! Gotta find the dreaded fenders.

So, did I leave anything out?



OFFICER'S SLATE 2012 - 2013

Santiam Spokes Bicycling Club

Really this time! We will be voting at the October Meeting

President
Ron Kropf

Vice President
Lynn Trimpe

Secretary
Christine Davies

Treasurer
Dennis Murphy

Membership
Wade and Debi Bloecher

Newsletter
Kari Kropf

Ride Captains
Brian and Christine Hubbard

Starwberry Century
Position open

Webmaster
Maurice Banning

Publicity
Mark Burdell

Historian
John Smith

October General Meeting and Potluck Thursday, October 4th • 7 pm

Samaritan Lebanon Community Hospital

A-L - Salad or Vegetable Dish
M-S - Main Dish
T-Z - Dessert

Santiam Spokes

September 6, 2012

Submitted by Christine Davies

Greetings and Introductions

Welcome/Call to Order

Call to Order: 7:06pm

Approval of Last Month's Minutes:

- Motion to approve last month's meeting minutes made by Dennis
 - o Lynn seconded
 - o All in favor!!!

Treasurer's Report:

- Minus any outstanding checks, we have \$14,801.81 in our Money Market account.
- We did write a check to BLT for \$1k and it has been cashed.
- The donation to the hospital has not been written yet.
- Bill motioned we accept the Treasurer's report as is.
 - o Charles seconded
 - o All in favor!!!

Membership Report:

- 89 Total Memberships
- 144 Total Riders
- 233 Total Members
- 14 courtesy mailings
- Mailing list down to 35.
- 2 new checks for John for memberships

Outspoken Editor's Report: Mailed out 38 from the old list.

Webmaster: Discussion on having others trained on the databases to keep everything up to date.

Rides Scheduled for September and

October:

- The schedule for September is out.
- October has not been made yet. Jo will work on the October schedule.
- Need a ride leader for the Fern Ridge Ride. John Smith would like to help if someone would also like to help him (this will be his first time leading a ride).
- The ride book is at Roger's house.

Santiam Spinners:

- Carol has been attending most of the rides.
- Rides have changed from Monday's at 6pm to Monday's at 10am.
- John Smith has sent many riders to the Spinners and Spokes rides.

Bicycle Accident Update: Bill gave an update on Emma's bicycle accident.

Old Business

Storage: Much discussion on our storage

- Al has kept our Strawberry Century Storage at his house and has asked us to find a new place for storage. There is a possibility of splitting a storage space with BLT if we pay for half (approx \$500-600).
 - Possible Issues
 - Availability
 - Distance
 - Size
 - Security
- Barbi will do research on storage.
 - Discuss Sponsorship, Security, Insurance, and rates for different sizes.
- Dennis will contact Rod for the BLT section

Bylaw Adjustments

- Currently posted on our website,

- everyone needs to take a look at them.
- An agreement was made that we aren't going to change things right now, but we will need to in the future, but that we need input on it.
- The league has a lot of information for bylaws.

E-Mail Distribution of Outspoken: We are going to table this topic
Membership Form:

- Christine made motion to change membership form to have a default to email rather than mail.
- Ace seconded
- All in favor!!!
- If anyone wants a written copy, we will provide them, but they will only be available upon request.

Why do we have newsletters?:

- Share Rides
- Social Networking
- Publicity

We have not been sending to the newspapers. We give bike shops extra copies.

Budget Building for 2012-2013:

- The year isn't finished, we do not have a philanthropy committee yet, we need categories ie: club events, strawberry, unclassified, etc.
- Concerns: Not everyone is flippant, but keep things within a framework/budget. Will need approval by the board if over a certain amount, not on a casual basis. It doesn't need to be in great detail like a business. Set not to exceed limits.
- We are subjected to be audited. The bylaws say we need to be audited within a certain time frame at the end of term.

Nominations:

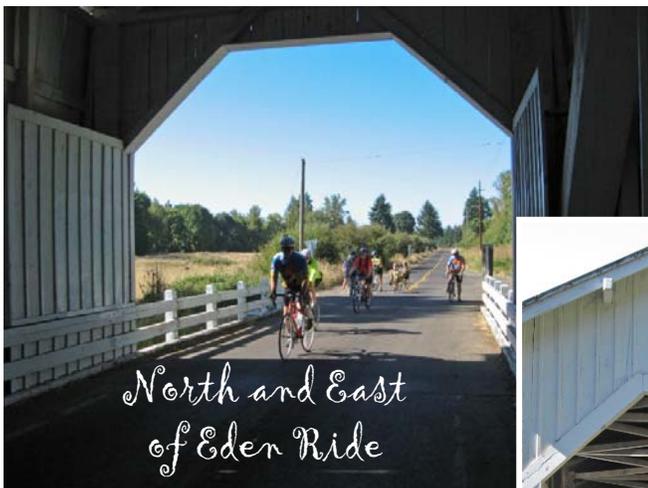
- Ron – President
- Lynn – Vice President
- Christine D. – Secretary
- Dennis – Treasurer
 - OPEN – Strawberry Coordinator
 - Debi & Wade – Membership
 - Kari – News
 - Brian and Christine H. – Ride Captains
 - Maurice – Webmaster
 - John – Historian
 - Mark – Publicity

Announcements:

- Soroptimist Walk for the Cause, Saturday, October 6th. They are looking for help at the event. See Ron for more information.
- Bicycle and Pedestrian Map: Website information is now on front, took off a couple of ride routes, Roger designed cover. The maps are free.

Adjournment: 8:38pm

- Next month is a potluck and we will have a bigger room.



Hoffman Bridge. Riders were Dave Clark, Maurice Banning, Jessica Ruef, Julie Hockensmith, Tom and Adrienne Youmans, Greg Stephen, Dale Goin, Larry Thurber, Chuck Nightingale, and Robert.

It was a beautiful day. Lots of dogs and one horse on the road.

Photos courtesy of Bill Pintard





Peoria Loop

Top: Regroup at Peoria Park

Below: Riders enjoying a stop at the Mennonite Bakery.

Photos courtesy of Kari Kropf



Nominations for the Jack Thomas Award

The Jack Thomas Award is presented each year to a club member who has given years of leadership and service to our club, the Santiam Spokes, and to the greater community of bicycling. It recognizes their commitment to cycling as a fun and healthy way of life. The award is in memory of Jack Thomas who founded the Santiam (Slow) Spokes in 1991. As a leader in the Lebanon Community Hospital Foundation, he organized the Hospital's sponsorship of the club with the goal to promote community health and relationships through exercise and organized bike events."

This year we are asking each member to submit 3 names of club members who they think are deserving of this award. Please include specific comments as to why you think that person should receive the award. The award will be given at an upcoming meeting after tallying the votes and reviewing the comments. The final decision will be made by the club president. Past recipients, Roger Gaither, Bill Pintard, Dian Gerstner, Mary Ellen Lind, Kari Kropf, Chuck Young, Dennis Murphy, and Ron Kropf are not eligible. Please mail or bring your nominations to the next meeting, or mail them to the attention of Ron Kropf, c/o the Santiam Spokes, PO Box 739, 525 North Santiam Hwy., Lebanon Oregon, 97355

Name: _____

Comments: _____

Name: _____

Comments: _____

Name: _____

Comments: _____

OCTOBER RIDES 2012

The Terrain Category will be identified on each route description in the newsletter and on each route sheet that is given at the start of the ride. Also on the route sheet areas that are known to be hazardous will be marked with the word "CAUTION". The overall average group speed for our regular club is 12 - 14 mph, and 8 - 12 mph for Santiam Spinner rides. Some bikers choose to ride faster and sprint ahead of the group and some bikers ride slower. Each person may set his/her own pace. The ride leader usually selects places along the route where the bikers re-group, usually at a turn in the route. In case of extreme weather conditions, please call the ride leader or Jo Johnson, 541-327-2813, to check on the possibility of the ride being cancelled.

KEY FOR ROUTE DESCRIPTION

Cat I	Flat to rolling hills. Easy pedaling.
Cat II	More frequent rolling hills, possible several short, steep hills. A hearty workout.
Cat III	Moderate, longer hills, with a few steep climbs. Need to be experienced and in good biking condition.
Cat IV	Frequent hills, some long and steep climbs. These are tough rides that require endurance.



Wednesday Wanderers

Every Wednesday • 10:00 am

Start at the Linn County Fairgrounds parking lot. Call Jo and Ace Johnson at 541-327-2813 for more information.

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Saturday, October 6, 2012 • 9:00 am

Apple Daze

45 mi • Cat II

Start: Brownsville (Parking behind the Post Office)

Description: This traditional ride to Harrisburg will take us over one significant hill south of Brownsville on the way to Detering Orchard for fresh apple cobbler, fresh squeezed apple juice, hay rides on horsedrawn wagons, pumpkins galore and good music. The route back will be along quiet country lanes by fields that have been harvested for the year. Come and join us on this club favorite.

Leader: Dian Gerstner (541-926-1188)

Saturday, October 13, 2012 • 9:00 am

Jefferson to Stayton Via Ridge Drive

A nice fall ride with a moderate climb to a lovely overview followed by a sweeping downhill!

36.5 mi - Cat II or

33 mi - Cat I Option (Same start and finish. This option is flat, meet other riders for lunch in Stayton and return together on flat route.)

Start: Jefferson Middle School

Description: Start from Jefferson Middle School, ride past farm country to the stair-step climb up Ridge Drive for a great view of the Cascade foothills, valley and Coast Range Mountains, then begins the winding descent to Stayton for lunch. Return route is flat along River Dr.

Leader: Ace & Jo Johnson (541-327-2813)

Saturday, October 20, 2012 • 9:00 am

Lebanon-Brownsville Loop

A club classic over the best USA bicycling terrain

34 mi • Cat I with one Cat III hill

Start: Samaritan Lebanon Community Hospital, Lebanon.

Description: We will ride out of Lebanon on Stoltz Hill road and climb Washburn Heights, the one hill of the ride, before arriving in Brownsville. We'll enjoy lunch in downtown Brownsville and then return to the west for a flat ride back to Lebanon.

Leader: Bill Pintard (541-967-3295)

Saturday, October 27, 2012 • 9:00 am

Spooky Spokes Spin

Dress Up For A Far Side Ride

37 mi • Cat 2

Start: Ciddici's Pizza. 133 5th Ave., downtown Albany, OR.

Please park on the area streets- not in their parking lot.

Description: This ride takes us past 12 graveyards and their many ghosts. There may be some surprises. The route is mostly flat except for the traverse of Scrael Hill and Knox Butte. Pizza and cupcakes (courtesy of the Club) will be at about 1:00 PM when we return to Ciddici's. We'll buy our own drinks and anything else we want. It's going to be a lot of fun on this traditional Halloween ride

Leaders: May Garland & Roger Gaither (503-394-3696)

SANTIAM SPINNERS - October

The routes for Santiam Spinners are generally flat with occasional moderate hills, along low-traffic secondary roads. Average speed will be within 8 — 12 mph. The group will stay together and look out for each other. Length of route will be approximately 20 miles, plus or minus, and riders are welcome to return early for a shorter ride option.



For the month of October the Santiam Spinners will arrange rides through the use of a phone tree. If you are interested in participating in a Santiam Spinners ride contact Ken Fullen for information on any upcoming Spinner rides.

Contact: Ken Fullen, 541-327-2084





Santiam Spokes, Inc.
 c/o Samaritan Lebanon Community Hospital
 P.O. Box 739, 525 North Santiam Hwy.
 Lebanon, Oregon 97355
 www.santiamspokes.org

October 2012					Santiam Spokes		
SUN	MON	TUE	WED	THU	FRI	SAT	
	1	2	3 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	4 Club Meeting 7:00 pm Samaritan Lebanon Community Hospital 525 N. Santiam Hwy Lebanon	5 9:00 am Apple Daze Start: Brownsville (Parking behind the Post Office) 45 miles / Cat II Leader: Dian Gerstner (541-926-1188) Santiam Spinners Contact: Ken Fullen, 541-327-2084 for information on Spinner Rides	6	
7	8	9	10 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	11	12 9:00 am Jefferson to Stayton Start: Jefferson Middle School 36.5 / 3 3 miles / Cat II / I Leader: Ace & Jo Johnson (541-327-2813) Santiam Spinners Contact: Ken Fullen, 541-327-2084 for information on Spinner Rides	13	
14	15 Outspoken Submissions Due	16	17 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	18	19 9:00 am Lebanon-Brownsville Loop Start: Samaritan Lebanon Community Hospital 34 miles / Cat I + 1 cat III hill Leader: Bill Pintard (541-967-3295) Santiam Spinners Contact: Ken Fullen, 541-327-2084 for information on Spinner Rides	20	
21	22	23	24 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	25	26 9:00 am Spooky Spokes Spin Start: Ciddici's Pizza, Albany, OR. 37 miles / Cat II May Garland & Roger Gaitner (503-394-3696) Santiam Spinners Contact: Ken Fullen, 541-327-2084 for information on Spinner Rides	27	
28	29	30	31 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.		See inside newsletter for more ride details, or visit our website at www.santiamspokes.org Outspoken Submissions Please submit material for Outspoken to Kari Kropf: bluekat78@comcast.net PO Box 1183, Lebanon OR 97355		

Visit our website for the latest information on rides: www.santiamspokes.org