

# OUTSPOKEN

Newsletter of Santiam Spokes, Inc. • Volume 20, No. 7 • May 2012



*Roger's Ramblings*

## Discovering Bicycling (class) & Other Club Stuff

*Roger Gaither, President*

### **19 In The Class**

We met the first session of the Discovering Bicycling class, and were delighted that 19 people came. Most were ladies in their 40's and 50's; there were two middle age couples; one middle age man; and a younger mother & her son of about 10-11.

We registered everyone and went over the "Safe Riding Practices" included elsewhere in this newsletter. Then we adjusted bikes, pumped up a few tires, and hit the road in a drizzle for the scheduled 5 miles ride. Everyone did fine and seemed to have a good time in spite-of the foul weather.

Upon return we went back into the classroom for our group presentation on the benefits of bicycling. I included the text for that in last month's "Outspoken." Assisting with the first class were Bill Pintard,

Ace & Jo Johnson, May Garland and Wade Bloecher. The class members are very interested and enthusiastic about the adventure they have undertaken.

I invite club members to help teach the class; the sessions are each Wednesday at 6:00 PM at SLCH. it's actually fun. Get in touch.

### **We Need A Volunteer As The Club Membership Director**

Jessica is nearing the culmination of her nursing training, and her schedule has become very crowded. She has resigned her position as the membership director for the club. Jessica has served very well as Membership Director for the last several years. She has initiated several important changes for the club,

and has done an excellent job maintaining the membership roster and managing the renewal process twice each year. A appreciate greatly her professionalism and dedication to this important club job.

I invite someone to step forward to serve as the membership director for the balance of Jessica's term which ends Oct. 1. Would you contact me? Thanks very much.

### **May 3 Business Meeting & Refreshments**

Ace & Jo will bring refreshments. Three cheers!



We'll address the second mailing of the Strawberry Century brochure, and I will present a program on Safe Riding Practices and Legal Rights & Responsibilities. See you at 7:00 PM, May 3, at SLCH in Lebanon in rooms C & D.



## General Meeting, 7:00 pm Thursday May 3, 2012

Samaritan Lebanon Community Hospital, 525 N. Santiam Hwy, Lebanon *Details inside...*



**Memorial Weekend  
Old McKenzie Highway, McKenzie Pass  
and Belknap Springs  
Saturday, May 26 – Monday, May 28**

We invite you to join us for a Memorial Day weekend fun-filled with hiking and biking.

We'll stay at Belknap Hot Springs resort on Saturday night, May 26 and Sunday night, May 27. The resort is on OR 126 close to the western terminus of OR 242, the old McKenzie Pass highway.

On Saturday, we will meet at Belknap H.S. about noon, and then go hiking. There are wonderful trails for many miles through beautiful forest along the rushing McKenzie River with dazzling water falls.

If you don't stay at Belknap H.S for overnights, you may still join us on Sunday in Sisters, at the high school parking lot, to bike up the old McKenzie Highway (OR 242) up to the summit observatory. If the highway is plowed down the west side, those of us who are staying at Belknap H.S may wish to continue. If not, we will return east to Sisters for lunch, and then drive back to Belknap H.S. If we get to bike all the way over McKenzie Pass, a few of us will then drive back to Sisters to retrieve the cars.

Two cabins have been reserved; each sleeps 4 people, first come – first get. There are additional cabins, lodge rooms, RV and tent spaces available for rent. Please contact Mary Ellen Lind for more details. Let her know by May 4th if you want to join this event - 541-231-6973 or melind@peak.org



"Summitting Mt Pleasant". We made it!

**Santiam Spokes General Meeting  
May 3, 2012 • 7:00 PM**

**Samaritan Lebanon Community Hospital**

We will be addressing the Strawberry brochures for the second mailing. Roger Gaither will do a brief presentation on "Safe Riding Practices and Legal Rights & Responsibilities." There are lots of new faces in the club and that is great; it may be timely to review these two related topics. The "Pedal Power" booklet on Rights & Responsibilities will be included.

**Dan Henry • March 2012**

Dan Henry, one of the grand old men of American cycling passed away on March 7 in Solvang, just a few days shy of his 99th birthday and the Solvang Century.

Many of the locals remember him and his wife Trudi riding their tandem nearly every day around the Santa Ynez Valley until she passed away five years ago. And of course there is the Dan Henry Bike Route on Alamo Pintado and Grand Avenue in Los Olivos.

But few know the wide range of his exploits As a young pilot he was a skywriter, towed advertising banners, and was an aerial photographer when he was in his twenties. He then spent 25 years as commercial pilot for American Airlines, starting in 1939 flying first DC-2, DC-3's and finally the Boeing 707 the, first passenger jet..

His biking interests were wide-ranging. He participated in and led cycling tours through the eastern US and Europe with the International Bicycle Touring Society. Those route markings you see for the Solvang Century and other rides are called Dan Henry Markers.

Dan was an innovator. He designed and built a road bike with a front and rear suspension, and a "sling" saddle that he used for years.

He also was an early advocate for biking facilities in Santa Barbara County and promoted and wrote poetry celebrating the benefits of cycling.

In 1992 the League of American Bicyclists awarded Dan their prestigious Paul Dudley White award for his efforts on behalf of cyclists over the years.

Dan was one of a kind and will be missed.

-John Sherman,  
Local Cyclist and Friend of Dan Henry

Submitted by Bill Pintard



## As The Wheels Keep Turning

...or, And then there were four.

*Beverly Henderson*

Saturday, March 31, 2012 started out raining, heavily at times. From Eugene northwards there was lots of rain. Rain, rain and more rain. So much rain that it looked like there was a new lake between Linn-West road and Boston Mill Road.

Was there going to be anyone willing to ride today, I wondered. I got to the Albany Beanery and waited. Eventually one bike rider showed up, then another and finally a fourth rider. There were two others, but they weren't dressed for riding. The rain had stopped by this time so the four of us took off. The other two went home. They don't know what they missed!

We had a great ride starting on Spicer Road and other roads that we decided on. This was very much an impromptu ride, one that went wherever the roads took us. No rain, some headwind which turned into tailwind, great company and conversation. All in all, not a bad substitute for the cancelled Tulip Festival Ride.



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### Newport Ride

*by Kari Kropf*

Is this like the first clear and cloudless day I've ridden this year? I think it is. The Newport Ride starts out a little grey, but by the time we make it to the gravel patch over Logsdan Road the sky will turn to brilliant blue.

The Saturday riders joined us as far as Blodgett then returned to Corvallis while the rest of us carried on to Newport.



*Marshall and Lynn riding the gravel. Photograph courtesy of Kari Kropf*



*Group photo at Blodgett. Photograph courtesy of Bill Pintard*

It was a pleasant ride up to Summit along the quiet back road. Flew down Summit hill feeling more like a motorcyclist than bicyclist. It didn't take long to reach the dreaded gravel.

Ron and I wanted to ride the gravel section, mostly to see how we did compared with past rides. We're happy to say we did quite well for us. I stopped once for a break on the way up, but we rode the whole thing. That was a first for me. Skinny tires were a little dicey in the loose gravel.



*Continued on next page*

Continued



Rogue Brewery ~ The "real" reason for the ride! From left: Marshall, Lynn, Dennis, Mary Ellen (hiding), Laura, Tom, Barbi, Ron, and Kari.



Brian, Christine, Lynn, Marshall and others relaxing at the house

Some stayed at the house, and some of us opted for a motel, but we all met at the house for a great dinner of Ravioli and Meatballs, along with a fantastic salad, and a birthday cake for Dennis - 66! Happy Birthday!! Thanks for the great dinner Mary Ellen!



Shirley and John, Yaquina Bay Road in the fog.

The plan for Sunday was to meet on the bay front at 8:00 to begin our journey back to Corvallis. Ron and I had a foggy ride over the bay bridge, and the fog hung with us until about Toledo.



Yaquina Bay Road into the sunshine

We returned by the same route with lunch at Logsdan, then on to a relaxing ride along Logsdan Road. Even the fast riders seemed to be taking it easy for a while.

The last photo of the trip. The cool old trestle we ride



under. We happened to stop for a rest, so I snapped a quick pic. Of course right when we were climbing up under the trestle on the sharp curve we had a car behind us debating when to pass and a string of sport bikes in the opposite lane zipping down the road. All worked out well and everyone safely negotiated the curve.

All that's left is a quick run from Summit to Blodgett. Funny thing is I always forget all the climbs between Summit and Blodgett. They didn't seem that big yesterday! And I don't remember them from years past. Somehow they have grown over night, and they are quite demoralizing. I now recall why I wanted to throw my bike over steep bank. Blodgett finally comes into sight. Ice cream awaits. Only two big hills to ride and we're back in Corvallis. This was our best coast ride so far. Woot!



## Cyclists gear up for a 'big ride'

A "gran fondo" series of bicycling events is planned for the Cottage Grove area in June

By Adeline Bash

The Register-Guard

COTTAGE GROVE — For decades, European villages along the route of the Tour de France bike race have followed the prestigious trek with their own informal bicycling events referred to in Italian as a gran fondo, or "big ride."

After the elite cyclists speed through their towns, men, women and children of all different abilities jump on bikes, both old and new, and make their way — often slowly — through different stages of the Tour de France, which covers more than 2,000 miles.

"Elite pros ride next to 75- and 80-year-old farmers riding 30-pound bikes filled with baguettes," said Steve Cash, owner of dark:30 sports, a Eugene-based organizer of sporting events. In the past 10 years, cities around the world have begun organizing their own, typically noncompetitive gran fondo community bicycling events.

This year, through a collaboration between dark:30 sports and Eugene bicycle manufacturers Co-Motion Cycles and Rolf Prima, the gran fondo tradition will come to Lane County.

The two-day event, which also is sponsored by several local bike shops, will be held on the weekend of June 2-3 in Cottage Grove. Organizers say anyone who can ride a bike is invited to participate.

On that Saturday, all participants will begin the ride together, starting at Bohemia Park in Cottage Grove and on through Main Street. From there, riders who want a shorter "piccolo" route will ride along the Row River Trail for 15.6 miles — or as long as they choose — to Dorena Lake, then back to Bohemia Park.

More competitive racers can attempt either the 71-mile or 117-mile courses that start together, heading west along Lorane Highway. From there, the intermediate-distance "medio" route will cut north through Upper Smith River Road to Siuslaw River Road and back to Cottage Grove. The longer course, or "gran" route, will challenge bikers with an 8,200-foot rise in elevation and take them an additional 40 miles along Siuslaw River Road before returning to Cottage Grove.

"It is going to be very much representative of the culture of rural Oregon," Cash said of the route, adding that he is enlisting local bands and vendors to take part along the way.

After returning to Bohemia Park, riders will be greeted with food and drink at a beer garden, sponsored by Oakshire Brewing and several local restaurants. On Sunday, the

event will continue with a pancake breakfast and optional additional courses for those who want to clock in a few more miles and "get out the kinks" from Saturday's ride, Cash said.

The purpose, organizers say, is to offer a more community-oriented alternative to the traditional road race.

"Road races are pretty intimidating," said Brian Roddy, owner of Rolf Prima. The gran fondo, he said, "is a race if you want it to be a race — but it's not if you don't."

Registration for the gran and medio rides is \$65 until May 14, when fees will increase. Registration for the piccolo route costs \$30 before May 14.

Cash, whose company also organizes the Tri at the Grove triathlon, said he expects that 300 to 400 people will participate this year. He hopes the event eventually will attract upward of 1,000.

Participants should know, he said, that the event is intended to be fun and will not be a typical commercial bike race.

"There's going to be texture and taste to the whole thing," he said, referring to plans such as incorporating different community art and music groups into the event.

"I want the riders to ride away and say, 'What just happened? What was that?'"

By Adeline Bash, The Register-Guard  
[www.registerguard.com](http://www.registerguard.com)

Submitted by Bill Pintard



Albany to Lebanon Ride. Roger, Phil, Laura, Dian, Ron and other riders just outside of Albany.

# Safe Riding Practices

## *A Basic Set Of Bicycling Practices Recognizing Oregon Law*

April 25, 2012

### *You & Your Bicycle*

#### **Know Yourself**

Be optimistic and cautious simultaneously. You are the best, and the only important gauge of your own abilities. Ride within your capabilities knowing that you probably can do more than you think. Simultaneously, it is best to always hold something in reserve. These principles apply both to your physical conditioning and to your bicycling skills.

#### **Know Your Bicycle**

Become very familiar with your bicycle; in small but progressive ways push its limits until you have a full understanding of how to control it within its real limits for handling and durability. Stop short of crashing:-)

#### **Always Wear A Helmet**

A helmet can save your life in a small, slow speed crash as well as a major accident. Wear it properly.

#### **Use A Mirror**

Use a mirror on your bicycle or on your helmet. Use it frequently and regularly to see what is behind you.

#### **Anticipate, Anticipate, Anticipate**

Ride ahead of your bicycle, and anticipate what is likely to happen, and what could possibly happen. Ride accordingly. Always make the safest decision.

### *You & The Road*

#### **Recognize Conditions**

Ride ahead of your bicycle, and observe all the factors that might impinge on your pathway. Scan left to right and distant to close. Look for hazards immediately ahead as well as developing circumstances that could become dangerous. Listen for approaching vehicles and judge their weight and speed by their sound. Be aware of their limitations and the possibility of an inattentive or out-of-control driver. Remain vigilant at all times.

#### **Railroad Tracks**

Always cross railroad tracks at as close to a perpendicular (i.e. right angle) as possible. Slow down.

#### **Rocks, Clods, Holes, Debris**

Watch for road debris ranging from logs & boulders,

garbage cans, clods of dirt, and hazards down to the tiniest piece of glass or sharp rocks. Look behind before you swerve to avoid obstacles; alert your fellow riders.

#### **Dogs (and other animals)**

Dogs are unpredictable; always expect them to do the unexpected. A dog may bite you, but the most frequent danger from a dog is making you fall.

#### **Show Stoppers**

Any accident is too much, but be extra cautious when you are approaching your limits for strength, agility, riding skill, and the limits of your bicycle. Remember that the hurt goes up greatly as your kinetic energy increases ~ slow down when conditions become risky.

### *You & Other Riders*

#### **Overtake And Pass Only On The Left**

The bicyclist ahead can only see you in their mirror when you overtake and pass on the left. You are in their blind spot on their right. Always announce your presence, and your intention.

#### **Signal Your Intentions**

When riding with others and/or in traffic, ALWAYS ride predictably and signal your intentions clearly.

#### **Back Off**

Never ride so closely behind another bicyclist that your front wheel overlaps the back wheel of the forward biker. It is almost guaranteed that you will crash quickly and violently.

### *You & Traffic*

#### **Follow All The Traffic Laws**

You have rights, and you have responsibilities. Know what the law says, and ride accordingly. In any confrontation with traffic, always make the safest decision, not the legal one.

#### **Ride Predictably**

When riding in traffic, ride assertively like you know what you are doing, but never aggressively or recklessly. Drivers will treat you like a slow, legal vehicle if you ride predictably and sensibly.

#### **Always Make The Safest Decision!**



## Santiam Spokes

# Monthly Meeting Minutes

April 5, 2012

*Submitted by May Garland, Volunteer Secretary*

### Call To Order

President Roger Gaither called the meeting to order at 7:05pm and welcomed guests.

The order of the evening's events was re-arranged, with the business meeting first, then the swap meet, and lastly a bicycle maintenance presentation by Ron Kropf.

### Business Meeting

The refreshments' sign-up sheet was passed around. There were two dates later in the year that needed to be filled.

The minutes of the February 2 and March 1, 2012 meetings were approved. Motion by Rod Sell; second by Marshall Anderson. Thanks to our secretary Christine Davies.

The treasurer's report by John Hebda was approved.

Jessica Ruef, the Membership Chairman, reported that we are in the April renewal cycle. There are 125 rider memberships. She also reminded the group that we still have bright orange safety triangles for sale at \$6.00 each.

Maurice Banning, our web master, was absent, but it was noted that information on our Website is current.

Roger and Jo reviewed the ride schedule for April & May, making special note of the additional Sunday rides. These are in anticipation of the tour in the Ochocos, which will include some rather large hills.

Strawberry Century Director, Dennis Murphy, was absent, but sent a report that everything is on schedule for the event.

### Old Business

The Discovering Bicycling class starts Wed, April 25. Marshall Anderson (May 23) and Ace & Jo Johnson (May 30) volunteered to fill two instructor assistant slots.

A second order for a club shirt will be placed shortly after May 15. If you want one, please fill out an order form found in the April newsletter and at the Website and send it to Roger or John Hebda.

### New Business

The folks at East Linn Health Center in Lebanon, OR have a need for bicycle helmets that can be given to their clients. Many of these people are unable to purchase a helmet and only have a bicycle as a means of transportation. The club discussed the request and agreed to purchase helmets if necessary. Motion by Bill Pintard; seconded by Vince Nowell. Before purchasing helmets, the Health Center will be referred to the Lebanon Police Department which we think has a supply of helmets.

Rod Sell expressed a need for volunteers to be pointers at the Strawberry Century. Roger told the group that the hospital auxiliary had offered to send some volunteers to help with the Century event. Rod will check with them.

Rod also told the group about a 5K Run & Walk sponsored by the Build Lebanon Trails group. This event is on Saturday, May 5, at Cheadle Lake starting at 9:00. Contact the Race Director if you can volunteer to help with the Run by calling 541-409-1302. Volunteers will need to be at the event at 7:30 AM.

### Announcements

The Monster Cookie Ride is Sunday, April 29 - [www.salembicycleclub.org](http://www.salembicycleclub.org)

The Albany Criterium has been cancelled for this year.

The Active Transportation Summit (formerly the Bike Summit) will be held April 16 & 17 in Salem. Doug and Donna had expressed an interest in attending. The club voted to pay their registration - \$25 each. Motion by May Garland; seconded by Ace Johnson.

Ace Johnson made the following motion for consideration by the group and to be passed on to the Spokes Board. "I move that we ask the Board to change the Bylaws in order to allow members aged 70 years or older who have been in good standing for three years or more to have free lifetime club memberships." The group voted to send this idea forward. Second by Wade; the motion was approved.

### Adjournment at 9:00 PM

~ Thanks for coming.



# Membership Application

## In Santiam Spokes, Inc.

**Release Waiver**

I waive any and all claims against the Santiam Spokes, inc. and its sponsor Lebanon Community Hospital and any other group associated with them in their programs. I agree not to hold them responsible for any accidents or injuries that I may experience as a participant in any of their activities. Further, I agree not to hold them responsible for damage to any property or equipment while participating in any of their activities. I agree to release them from any and all liability of any kind or nature, and by so doing I am allowed to participate in Santiam Spokes, inc. activities and programs. I agree to wear an A.N.S.I. or Snell approved helmet while participating in any and all Santiam Spokes rides. I agree to practice safe and courteous riding procedures and techniques and will obey all traffic regulations while participating in any and all Santiam Spokes rides.

Individual-\$10/yr       Family-\$15/yr

Please check one

I/We would like to receive newsletters via:

Email       Mail

Signature of 1st member	Date

Complete all sections of this form and mail it with your check to

Santiam Spokes, Inc.  
c/o Samaritan Lebanon Community Hospital  
PO Box 739, Lebanon, Oregon 97355

**You're now a member. We'll send you membership materials and Outspoken. Come to the next meeting and take part in the rides. Get involved in all club activities. The Club is what we make it.**

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Name of 1st member

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Name of 2nd member

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Name of 3rd member

---

Name of 4th member

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Mailing Address

---

City	State	Zip
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Home Phone	Work or Cell Phone (if available)
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Email

### *Sign Liability Release To The Left*

..... Optional Information Below .....

[_____] Age of 1st member	[_____] Age of 2nd member
[_____] Age of 3rd member	[_____] Age of 4th member

Occupation of any Applicant

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- I am a member of the League of American Bicyclists
  - I am a member of Adventure Cycling
  - I belong to other bicycling clubs as listed below:
- 
- 

**Ride Preferences:**

- |                                                         |                                                       |
|---------------------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Easy, 3-15 mi.                 | <input type="checkbox"/> Sport, 20-50 mi.             |
| <input type="checkbox"/> Tour, 30-80 mi.                | <input type="checkbox"/> Competitive, 40-100 mi. fast |
| <input type="checkbox"/> Off-road, i.e. mountain biking |                                                       |

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Club Information: Santiam Spokes is a recreational bicycling club for cyclists of all ages & abilities. The Willamette Valley offers wonderful roads through beautiful farmland with plenty of hills nearby. We ride weekly Saturday year-around plus other times during the dryer months. Club meetings are normally each month the first Thursday at 7:00 PM at the conference center of Samaritan Lebanon Community Hospital. See Outspoken for specifics. The public is invited to the rides & meetings. 2011/2012 Club officers are: Membership > Jessica Ruef, 541-541-451-3338; President > Roger Gaither, 503-394-3696; Vice President > Ron Kropf 541-401-7178; Ride Captains > Roger Gaither, 503-394-3696, Jo Johnson, 541-327-2813; Secretary > Christy Davies; Treasurer > John Hebda, 541-791-5321; Historian > Bill Pintard, 541-967-3295; Newsletter > Kari Kropf, 541-401-3349; Publicity > Roger Gaither, 503-394-3696; WebMaster > Maurice Banning, 541-928-6311; Strawberry Century > Position Open;

# MAY/JUNE RIDES 2012

The Terrain Category will be identified on each route description in the newsletter and on each route sheet that is given at the start of the ride. Also on the route sheet areas that are known to be hazardous will be marked with the word "CAUTION". The overall average group speed for our club is 12 - 14 mph. Some bikers choose to ride faster and sprint ahead of the group and some bikers ride slower. Each person may set his/her own pace. The ride leader usually selects places along the route where the bikers re-group, usually at a turn in the route. In case of extreme weather conditions, please call the ride leader or Roger Gaither (503-394-3696) to check on the possibility of the ride being cancelled.

## KEY FOR ROUTE DESCRIPTION

Cat I	Flat to rolling hills. Easy pedaling.
Cat II	More frequent rolling hills, possible several short, steep hills. A hearty workout.
Cat III	Moderate, longer hills, with a few steep climbs. Need to be experienced and in good biking condition.
Cat IV	Frequent hills, some long and steep climbs. These are tough rides that require endurance.

SUMMER RIDES START AT 9:00 am - unless otherwise noted

## Wednesday Wanderers

**Every Wednesday • 10:00 am**

Start at the Linn County Fairgrounds parking lot. Call Jo and Ace Johnson at 541-327-2813 for more information. See the website for other options on Wednesday rides.

**Saturday, May 5, 2012**

Stayton-Mehama with Fern Ridge Rd  
A Scenic Loop In The Foothills East Of Stayton.

**Start: 9:00 am** - Old Safeway location, Stayton

**33 mi • Cat II plus** (See longer stage option below)

**Description:** This pretty loop starts in the old parking lot of the old Safeway location (corner of Washington & Main). We'll head east on the Old Mehama road to Mehama and return to the north on Fern Ridge road. This is a scenic loop with a few hills. We'll find lunch in Stayton.

**Start: 8:00 am** - Hart's Nursery, Jefferson

**Longer Stage Option: Cat I**

Several of us will start at Hart's Nursery in Jefferson at 8:00 AM and ride to Stayton to join the group starting there at 9:00 AM. This adds 14 mi going and 15.5 mi returning for an extra 29.5 miles.

**Leaders:** Roger & May (503-394-3696)

**Sunday, May 6, 2012 • 9:00 am**

To Be Announced By e-Mail

A longer, more difficult ride

**30 - 60 mi • Cat II or III**

**Start:** To be announced

**Description:** To augment our other rides and for some training in prep for the summer. These rides will be organized and announced via our ride e-mail process.

**Leader:** to be announced

**May 12, 2012**

Kings Valley Loop

A Scenic, Somewhat Difficult Club Favorite

**50 mi • Cat III**

**9:00 AM**

**Start:** Harrison St. Bridge, Corvallis

**Description:** his ride starts in Corvallis under the Harrison Street Bridge. We'll ride the loop clockwise, first to Philomath then across coastal foothills, past vineyards and wooded sights in the first half of the ride. Then the scene changes to gentle rollers through farmlands to Independence highway and back to Corvallis.

We'll have lunch in Corvallis after the ride, so bring wet and dry nourishments to sustain you along the way.

**Leader:** Mary Ellen & Dennis (541-738-8600)

**Sunday, May 13, 2012 • 9:00 am**

To Be Announced By e-Mail

A longer, more difficult ride. **30 - 60 mi • Cat II or III**

*May 19, 2012 (Lamb & Wool Fair)*

Lamb & Wool Ride

SLCH to Scio/Lamb & Wool Festival

**44.2 mi • Cat II plus** (Quite a few rollers and a few good climbs)  
**9:00 AM**

**Start:** SLCH in Lebanon

**Description:** What could be better than a local fair with a parade, quilts, flowers, lambs and wool? Riding to the event on your bicycle with friends! We will pedal ourselves up and then zip down the lovely hills that lead into and around Lacombe on our way to and from Scio. We will enjoy the May flowers, springtime countryside scenery and the fellowship of the Spokes. In Scio we will take some time to check out the local festivities and pick up something to eat. Lunch is on your own - local restaurants if you can find a seat, or from the enterprising vendors associated with the fair. Remember, that nice downhill coming into town... it becomes an uphill heading out, chose your lunch wisely!

**Leader:** Jessica Ruef. (541) 409-0005

**Sunday, May 20, 2012 • 9:00 am**

To Be Announced By e-Mail

A longer, more difficult ride. **30 - 60 mi • Cat II or III**

*May 26, 2012 ( Memorial Day Week end)*

Albany / Corvallis Loop

Short Description

**35 mi • Cat II**

**9:00 AM**

**Start:** Swimming Pool Lot, S Albany HS, Albany

**Description:** The ride starts at the Swimming Pool lot next to South Albany, HS and goes south through Tangent and west through farmland on Tangent Dr to Corvallis for lunch. Return is via North Albany and Albany.

**Leader:** Barbie Thomson, 541-258-6482

*May 26-27, 2012, Saturday & Sunday*

McKenzie Pass Weekend

Ascend McKenzie Pass and hike near Belknap Spgs.

**Distance • Cat III**

**Description:** Please refer to the detailed description elsewhere in the newsletter in an account by Mary Ellen Lind. This will be a great weekend with the scenic climb of McKenzie Pass (maybe a full traverse) plus hiking along the McKenzie River near Belknap Springs.

**Leaders:** Mary Ellen & Dennis (541-738-8600)

## JUNE RIDES

Jun 2: Pre-Strawberry Ride

Jun 9: STRAWBERRY CENTURY

Jun 16: Scale the Gap

Jun 23: Jefferson to Haven Hill Farm

Jun 30: Independence Day Ride

# May 2012 Cycle

SUN

MON

TUE

WED

THU

FRI

SAT

# Santiam Spokes

**SUMMER START TIME: 9:00 AM**  
Unless otherwise noted.

**Outspoken Submissions**

Please submit material for Outspoken to Kari Kropf:  
bluekat78@comcast.net  
PO Box 1183, Lebanon OR 97355

**To be announced by eMail 6**  
9:00 am  
A longer, more difficult ride  
30 - 60 mi • Cat II or III

To augment our other rides and for some training in prep for the summer. These rides will be organized and announced via our ride e-mail process.

**To be announced by eMail 13**  
9:00 am  
A longer, more difficult ride  
30 - 60 mi • Cat II or III

To augment our other rides and for some training in prep for the summer. These rides will be organized and announced via our ride e-mail process.

**To be announced by eMail 20**  
9:00 am  
A longer, more difficult ride  
30 - 60 mi • Cat II or III

To augment our other rides and for some training in prep for the summer. These rides will be organized and announced via our ride e-mail process.

**Old McKenzie Hwy Ride 27**  
See details in newsletter

**7**

**14**

**Outspoken Submissions Due**

Please submit material for Outspoken by today

**21**

**28**

**1**

**Wed. Wanderers**  
Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.

**8**

**15**

**Wed. Wanderers**  
Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.

**22**

**Wed. Wanderers**  
Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.

**2**

**Club Meeting**  
7:00 pm  
Samaritan Lebanon Community Hospital  
525 N. Santiam Hwy  
Lebanon

**9**

**16**

**17**

**23**

**24**

**3**

**Saturday, May 5, 2012 8:00/9:00 am**  
**Stayton-Mehama-Fern Ridge**  
8:00 am at Hart's Nursery, 29.5 mi • Cat I  
9:00 am at Safeway/Stayton 33 mi • Cat II+  
Leaders: Roger & May (503-394-3696)

**10**

**Saturday, May 12, 2012 9:00 am**  
**King's Valley Loop**  
Start: Harrison Street Bridge, Corvallis  
50 miles • Cat III  
Leader: Mary Ellen & Dennis (541-738-8600)

**19**

**Saturday, May 19, 2012 9:00 am**  
**Lamb & Wool Ride**  
Start: Samaritan Lebanon Community Hospital  
44.2 miles • Cat II+  
Leader: Jessica Ruef (541) 409-0005

**26**

**Saturday, May 26, 2012 9:00 am**  
**Albany/Corvallis Loop**  
Start: Swimming Pool Lot, S Albany HS, Albany  
35 miles • Cat II  
Leader: Barbie Thomson, 541-258-6482  
**McKenzie Pass Weekender**  
See details in newsletter



Visit our website for the latest information on rides: [www.santiamspokes.org](http://www.santiamspokes.org)



Santiam Spokes, Inc.  
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