

OUTSPOKEN

Newsletter of Santiam Spokes, Inc. • Volume 20, No. 5 • March 2012



Roger's Ramblings

Riding In And Outside The Moment

Roger Gaither, President

Drifting

Usually, my mind goes into drift when I bicycle. Of course, I am seeing the road and avoiding most of the debris headed my way, if I am to also avoid having to change a flat. I also succeed pretty well avoiding the big stuff like trees, signs, garbage cans and dead possums or skunks. I notice if the wind is blowing and from where, and that elicits grumbling or a smile. I notice if it's raining, or shining, or cold, or listering.

So I'm not totally devoid of thought, but after a while most of this stuff becomes automatic and my mind goes into drift mode, aimlessly moving from thought to thought. How else can you persevere for 60 miles across the plains of South Dakota or wherever? How about you? Is your mind racing along prioritizing your To-Do list? Or are you meandering through an odd assortment of thoughts as you bicycle? Or is your brain in park?

Start With Now

When I do think, it mostly is as a photographer in the present tense and in response to what I am seeing. Light, lighting, shadows, outlines, silhouettes, textures, and colors attract and hold my attention. I tend to peer mentally through frames at these visual pluses ~ frames of rectangles, squares, and circles mostly. I notice how the relationship of objects, light and color is constantly changing as I move; how the scene within the frames is changing. I know this is weird, but... Frequently, I imagine ahead at how the scene is changing; how it's going to look on the next hilltop; where can I stand to get those ugly



John Day Fossil Beds

Photographs courtesy of Roger Gaither

power lines out of the scene? Do I want people included or excluded? Always, I am asking myself, "Is this worth capturing, saving, and perhaps savoring later?" Then when the moment seems loaded with pluses, I hold the camera to my eye and try. That is, when I do think at all.

Next Is What If?

Sometimes I grow impatient just waiting for scenes to evolve and ask myself, "What if" I rode ahead and chose a scene into which my fellow riders would come. What if I climbed that ridge by the roadside. ...I sat by the roadside. ...I waited until sunset, or sunrise, or...

What Was Here Before?

My next little diversion is to imagine who or what occupied this very spot last year, a 100 years ago, 500 years ago. Very few, if any of our spaces are virgin; someone was here before. That farm on the hill nearby housed a family once. Who were they? How did they live? What made them laugh? What made them cry, and where did they go? Are

Continued on page 2

Special Presentation:
Exploring Europe...Powered
by Ice Cream Pt.2
by Doug Robin and Donna Short

General Meeting, 7:00 pm Thursday March 1, 2012

Samaritan Lebanon Community Hospital, 525 N. Santiam Hwy, Lebanon

Details inside...

Continued from page 1

their kids' kids still around? I try to picture the lives of the native Americans who huddled in hide shelters against the howling winter cold. I try to imagine explorers and scouts surviving here by their wits, cunning, rifles or bows, and luck. In some places such as Montana and the Dakotas I have an almost eerie sense that dinosaurs once roamed right where I am pedaling. We're going to bicycle in one such place this summer when we do the Ochoco Challenge. In many places, I am reminded by the landscape that I am looking up from a former ocean or swamp floor at the shores of ancient lands. The meaning of what I am seeing grows with what I know and understand about what and who was here before.

What Is Coming?

All too often and sadly I travel the same area years later and notice that it has changed – almost always negatively due to the ugly, clutter, glut and scars of encroaching cities, industries, and people. Places that were homes to meadowlarks are now grass seed farms stripped of all competing vegetation. The life hierarchy is supplanted by mono crops, and the air is devoid of life. Even former farms are now overlaid with road grids, people boxes, and SUVs. I hurry through these places and try to rationalize my small footprint on the landscape, on the very earth. I wonder if I would even be able or want to bicycle through this place in another ten years.

Back To Now!

Then one of my riding companions shouts out, "Look at those elk on the ridge five miles ahead!" This is usually Ace or Jo, and I look intently where pointed. All I see are some little specks on the hillside, but they see Elk ~ because that is what they recognize from past such scenes. Or David hears the call of an unseen bird and says, "That's a gold crested warbler which migrates through this region each year on flights of 2000 miles from Alaska to Mexico..." I am jolted back to humility once more as I realize that we each see or sense the same scene differently based on what we know and how we see. Each makes a contribution to our bicycling experience.

Drifting or Park

But, most times that I spend on a bike seat I can honestly say that my mind is drifting or in park. I just hope that I can recognize and influence the regression from active engagement to park.

Some Club News

Here are just a few items of club news.

Club Shirts

The first group of club shirts are ready and will be distributed at the club meeting on March 1.

Club Brochures

A revised and updated Spokes club brochure is ready and will be distributed at the March 1 club meeting. Come get a few and help distribute them throughout the valley. We have a plan.

Part 2: Exploring Europe By Bicycle Powered By Ice Cream & Pizza

Leading off our March 1 club meeting will be part 2 of the presentation by Donna Short and Doug Robin about their extensive tour of Europe last summer. See the bigger announcement nearby and be sure to come!

Ride Attendance

In spite of the frequently chancy and adverse weather, attendance at the club rides this month has been quite good! We've had some good rides indeed!

Bicycling Article

Graham Kislingbury photographed and wrote an excellent feature focusing on the Spokes and the MVBC for the Democrat-Herald, Lebanon Express, and Corvallis Gazette-Times. This was published February 20 and is also featured at www.gazettetimes.com/sports/recreation, www.democratherald.com/sports/recreation, and www.lebanon-express.com/sports/recreation.

Ochoco Challenge

We have expanded the group size from 18 to 26 for the Ochoco Challenge after a careful review of accommodations in two places. Even so, the group going is full and there are three on a wait list. We're looking forward to an excellent tour.

Memorial Weekend McKenzie Challenge

We're planning a great special weekend on Sat, May 26 and Sun, May 27. This event will take us to Belknap Springs resort for two nights and include a day of hiking and a bike ride up (and perhaps over) McKenzie Pass. This event is described elsewhere in this newsletter; If you're interested, be sure to get in touch with Mary Ellen.

Golden Cluster Display

The hospital (SLCH) has agreed to display the Spokes Jack Thomas Golden Cluster award and a brief descriptive statement about the Club. The display has been installed just inside the entrance to the hospital from the rear parking lot. The plaque and framed statement are very accessible just to the left of the door over a small seating area. Take a look.

See you on a bike seat:-)





**March General Meeting
Special Presentation
Exploring Europe...Powered by Ice Cream**

In February, Doug Robin and Donna Short did a presentation on the first half of their tour. Join us at the March meeting for the second half of the presentation of their tour.

They started in Lisbon, crossed Portugal into Spain, wandered up the Mediterranean coast to the Rhone River, and followed it up the middle of France, arriving in Paris in time for the final stage of the Tour de France. After that they continued on to Switzerland, then followed the Rhine River through France and Germany to The Netherlands, ultimately completing a loop around much of the country before ending in Amsterdam.

See you in March



Chocolate Ride

Every February Santiam Spokes does the Chocolate Ride. This was our annual Chocolate Ride, and here is the requisite chocolate. The ride was listed at 25 miles, but Ron and I wanted something longer, so we started from Lebanon. Did I mention there would be chocolate?

Photographs and write up submitted by Ron and Kari Kropf





Peak Sports Shop Night

March 13, 2012
6 PM

There will be a shop night at Peak Sports on March 13 at 6 PM. Nelson Sherry, Bike Shop Manager at Peak Sports has arranged to have a mechanic and 6 workstations available for 2 hours for club members to work on their bikes with expert help. Club members have previously taken this opportunity to get their bikes ready for spring and summer riding. This is an opportunity to learn and improve your shop skills.

Corvallis to Albany

It was a good time to kick back, ride sweep and just have a fun, relaxing ride. We had two flats on this ride. One in North Albany just before crossing the bridge.

We had a heck of a time getting the nail out. In fact it wouldn't come out until we took the tire off the rim. Check out the nail! It had hooked around the tube.

The second was Dennis' bike, shortly after leaving Albany. No pics this time. Bill took the opportunity to try one of the tall recumbents on the ride. He looked a little shaky, and I didn't know if he'd be able to turn around and come back, but somehow he did. I think he was happy to be back on his own bike!

Great day for a ride. Weather turned out better than expected. Ride was under 30 miles.

--Kari



Santiam Spokes
Monthly Meeting Minutes
February 2, 2012

Submitted by Christine Davies, Secretary

Presentation:

Greetings and Introductions

Guest Speakers: Doug Robin and Donna Short part 1 of 2 "Exploring Europe...By Ice Cream & Pizza"

Business Meeting:

Start group on addressing the Strawberry Century brochures (to work on during meeting)

Minutes of the January 11, 2012 board meeting

*Roger went over meeting minutes and gave updates
Dennis is the Strawberry Coordinator this year
We are ordering socks, but passing on bike clips
We are updating the bylaws (to be retyped) – Linda will type up the bylaws
There is money left over to give away – will discuss
Philanthropy Committee today
Motion to support board meeting minutes*

Treasurers Report - John Hebda:

I outstanding check (waiting to clear). \$10,287.82 is in the bank. Report approved.

Membership - Jessica Ruef:

It is wrap up time for the membership renewals. Jessica reported that we have 78 memberships (family and individual) with 121 total members. Jessica also has prepared more club business cards for those in the club who wish to help spread the word by handing out the cards.

Webmaster - Maurice Banning:

The website is current and working. Roger will send a photo of the actual club shirts to Maurice for posting on our site.

History:

Please give sign-in waiver forms that have been used to Roger or Bill (who is our historian this year) so we can include them in our club records.

Strawberry Century - Dennis:

*Mailers are complete
Reservations have been made for all facilities
Sponsor letters are ready to go out
Website is up and running
Summary: Strawberry is moving right along, timelines are being met. Dennis will meet with Coordinators soon. Dennis will talk with Rod and Raylene soon re: roads/food*

Old Business

Club shirts have been ordered (32 shirts) at Shirt Circuit in Corvallis

Memorial Weekend Trip (May 26th-28th)

Dennis and Mary Ellen have reserved 2 cabins for 8 people total with a deposit

Mary Ellen will keep checking because other cabins may become available

There is a nice campground too

We can cancel the reservations 2 weeks ahead of the event if we need to

There are rooms available at the lodge

New Business

Discovering Bicycling Class

Starting April 25th; Finishing May 30th

Class running 6pm-9pm for 6 sessions

Then a group will join for the pre strawberry ride (35 miles for them)

Rides will start at 5 miles. Extend to 15 miles by end of class

Curriculum

Benefits of bicycling

Choosing a bike.

Riding form

Maintaining your bike

Rights and responsibilities

Intro to touring

Philanthropy Committee: New for 2012

Roger, John, and Ken will be the committee

Announcements

Jack Thomas Award

Roger will ask the hospital if it can be displayed along with a brief explanation about the spokes

Tandem Rally – in Salem June 29th-July 2nd

May 5th is the Bike Rodeo – Bill:

We have been asked if we will attend

It would be from 11am-3pm

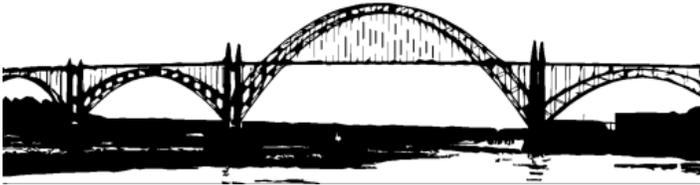
We will discuss this in the March 2012 meeting

In the past there's been lack of attendance from the kids, most likely because they don't promote the bike rodeo

Cycle Oregon Registration – Rod:

Adjournment at 9:17 PM

~ Thanks for coming.



Springtime Challenge!
Annual Loop Ride From Corvallis To Newport
April 21 and 22, 2012

You are invited to join our annual bike ride to Newport on Saturday, April 21, and return to Corvallis Sunday, April 22. The ride is a fun challenge to get us into “serious” biking for the season, especially for those who are building endurance before the Summer Tour. The route is about 70 miles each way. It takes US 20 as far as Blodgett then turns to less traveled county roads that pass through the towns of Summit, Logsden, Siletz and Toledo. The terrain is varied with several significant hills (fitness required!) and many beautiful valleys plus 10 miles along the bay from Toledo to Newport. There is a stretch of about 1 ½ miles of gravel at the summit on Logsden Road, so bikers may choose to use our sag vehicle for transport over that area. Bikers need to take snacks and drinks, because it is about 40 miles from Corvallis to the food stop at a small deli in Logsden.

This tour is over very hilly terrain (Cat I ~ IV). While Chuck Young will drive sag for carrying gear (including sleeping bags for those who choose the carpet at the rented house) and for emergency and urgent biker needs, participants should expect to ride the entire route. The club treasury will reimburse the costs of the sag.

The ride will start at 8 AM on Saturday, April 21 from under the Harrison Street Bridge in Corvallis. The Corvallis police have been informed about cars being parked overnight there so they will watch them for us.

The options for Saturday overnight are: 1. Sharing a rented house at South Beach. 2. Staying in a motel.

1. A space at the rented house is \$10/person. The house has two full beds, 2 bunk beds, futon and floor space, to accommodate up to 10 folks. These accommodations will be given based on first requests. Dinner is offered at the house on Saturday evening and breakfast Sunday morning at \$5 each meal.

Mary Ellen Lind and Dennis Murphy will lead the ride and in preparing the meals. To reserve a berth in the house and if you plan to eat the meals, please contact them by April 13. Email or leave a phone message, melind@peak.org or 541-231-6973.

2. If you wish to lodge at the motel across from the Rogue Brewery, at the base of the Bay Bridge, you may want to register at the Inn at Aquinas Bay at 541-867-7055. Identify yourself as connected with the Santiam Spokes to get the

discounted room rate. You can still elect to eat with the group, but you need to contact Mary Ellen at melind@peak.org or 541-231-6973 to sign up. Give this spring tour serious consideration, it’s a great ride. Get in touch with Mary Ellen or Dennis.



Memorial Weekend Fun
Old McKenzie Highway, McKenzie Pass
and Belknap Springs
Saturday, May 26 – Monday, May 28

We invite you to join us for a Memorial Day weekend fun-filled with hiking and biking. We’ll start and stay at Belknap Hot Springs resort on Saturday night, May 26 and Sunday night, May 27. Cabins have been reserved! The resort is on OR 126 close to the western terminus of OR 242, the old McKenzie Pass highway.

On Saturday, we will meet at Belknap H.S. about noon, and then go hiking. There are wonderful trails for many miles through beautiful forest along the rushing McKenzie River with dazzling water falls.

On Sunday, we will drive to Sisters and bike the old McKenzie Highway (OR 242) from the east to the summit observatory. If the highway down the west side is plowed, we will bike down to Belknap H.S. If not, we will return east to Sisters for lunch, and then drive back to Belknap H.S. If we get to bike all the way over McKenzie Pass, a few of us will then drive back to Sisters to retrieve the cars.

We’ll likely do a few group meals cooked in the cabins, plus other meals at a very nice restaurant in nearby Blue River. The group signing up to go will decide how to do the meals.

Cabin reservations must be for two nights, so we’ll drive home on Monday, May 28.

Two cabins have been reserved, each sleeps 4 people, first come – first get. There are additional cabins, lodge rooms, RV and tent spaces available for rent. Please contact Mary Ellen Lind for more details. Let us know by May 4th if you want to join us for this fun Memorial weekend.

Mary Ellen Lind - melind@peak.org

Membership Application

In Santiam Spokes, Inc.

Release Waiver

I waive any and all claims against the Santiam Spokes, inc. and its sponsor Lebanon Community Hospital and any other group associated with them in their programs. I agree not to hold them responsible for any accidents or injuries that I may experience as a participant in any of their activities. Further, I agree not to hold them responsible for damage to any property or equipment while participating in any of their activities. I agree to release them from any and all liability of any kind or nature, and by so doing I am allowed to participate in Santiam Spokes, inc. activities and programs. I agree to wear an A.N.S.I. or Snell approved helmet while participating in any and all Santiam Spokes rides. I agree to practice safe and courteous riding procedures and techniques and will obey all traffic regulations while participating in any and all Santiam Spokes rides.

Individual-\$10/yr Family-\$15/yr

Please check one

I/We would like to receive newsletters via:

Email Mail

Signature of 1st member	Date

Complete all sections of this form and mail it with your check to

Santiam Spokes, Inc.
c/o Samaritan Lebanon Community Hospital
PO Box 739, Lebanon, Oregon 97355

You're now a member. We'll send you membership materials and Outspoken. Come to the next meeting and take part in the rides. Get involved in all club activities. The Club is what we make it.

Name of 1st member

Name of 2nd member

Name of 3rd member

Name of 4th member

Mailing Address

City State Zip

Home Phone Work or Cell Phone (if available)

Email

Sign Liability Release To The Left

..... Optional Information Below

[_____] Age of 1st member [_____] Age of 2nd member

[_____] Age of 3rd member [_____] Age of 4th member

Occupation of any Applicant

- I am a member of the League of American Bicyclists
- I am a member of Adventure Cycling
- I belong to other bicycling clubs as listed below:

Ride Preferences:

- Easy, 3-15 mi. Sport, 20-50 mi.
- Tour, 30-80 mi. Competitive, 40-100 mi. fast
- Off-road, i.e. mountain biking

Club Information: Santiam Spokes is a recreational bicycling club for cyclists of all ages & abilities. The Willamette Valley offers wonderful roads through beautiful farmland with plenty of hills nearby. We ride weekly Saturday year-around plus other times during the dryer months. Club meetings are normally each month the first Thursday at 7:00 PM at the conference center of Samaritan Lebanon Community Hospital. See Outspoken for specifics. The public is invited to the rides & meetings. 2011/2012 Club officers are: Membership > Jessica Ruef, 541-541-451-3338; President > Roger Gaither, 503-394-3696; Vice President > Ron Kropf 541-401-7178; Ride Captains > Roger Gaither, 503-394-3696, Jo Johnson, 541-327-2813; Secretary > Christy Davies; Treasurer > John Hebda, 541-791-5321; Historian > Bill Pintard, 541-967-3295; Newsletter > Kari Kropf, 541-401-3349; Publicity > Roger Gaither, 503-394-3696; WebMaster > Maurice Banning, 541-928-6311; Strawberry Century > Position Open;

The Terrain Category will be identified on each route description in the newsletter and on each route sheet that is given at the start of the ride. Also on the route sheet areas that are known to be hazardous will be marked with the word "CAUTION". The overall average group speed for our club is 12 - 14 mph. Some bikers choose to ride faster and sprint ahead of the group and some bikers ride slower. Each person may set his/her own pace. The ride leader usually selects places along the route where the bikers re-group, usually at a turn in the route.

In case of freezing rain, snow, flooding, earthquakes, fire, tsunamis or other extreme weather conditions, please call the ride leader or Al Rimer (541-979-2764) to check on the possibility of the ride being cancelled. If the ride is cancelled it will be rescheduled later in the year.

KEY FOR ROUTE DESCRIPTION

Cat I	Flat to rolling hills. Easy pedaling.
Cat II	More frequent rolling hills, possible several short, steep hills. A hearty workout.
Cat III	Moderate, longer hills, with a few steep climbs. Need to be experienced and in good biking condition.
Cat IV	Frequent hills, some long and steep climbs. These are tough rides that require endurance.

WINTER RIDES START AT 10:00 am

MARCH 17, SUMMER RIDES START AT 9:00 am - unless otherwise noted

Wednesday Wanderers ~ Every Wednesday

Start at the Linn County Fairgrounds parking lot at 10 AM. Call Jo and Ace Johnson at 541-327-2813 for more information.

See the website for other options on Wednesday rides

MARCH RIDES

Mar 3, 2012

Lebanon - Sweet Home Loop

The classic version of the scenic Strawberry segment

45 mi. • Cat II & III

10:00 AM

Start: SLCH, Lebanon

Description: We'll use the Strawberry route to Sweet Home which includes a few hills. Lunch at Subway in Sweet Home. Return via US20 a short distance and traditional side route that avoids crossing US20. Through Waterloo and along River Rd into Lebanon.

Leader: Roger & May (503-394-3696)

Mar 10, 2012

Albany - Scio Loop via Hungry Hill

Finding the hills between Albany and Scio

33 mi. • Cat II

10:00 AM

Start: Beanery in Albany

Description: This route starts at the Beanery in Albany and follows a pleasant route with a couple of hills into Scio. Lunch will be at the Mexican restaurant. The return is generally flat except for the traverse of Scrael Hill.

Leader: Wade Bloecher (541-979-3401)

Mar 17, 2012

Daffodil Ride

A classic spring ride celebrating daffodils in bloom

38 mi. • Cat II

9:00 AM. Begin summer start time!

Start: Harrisburg Park, Harrisburg

Description: Ride will start at the Harrisburg Park, travels to Junction City and East over country roads that are lined

with daffodils. The festival is truly "country," with fiddling and singing, good snacks, interesting craft market, quilt display and a huge array of daffodils to see and sniff. This ride is a tradition that our club has repeated several years because we love the whole experience.

Leader: Bev Henderson (541-513-3916)

Mar 24, 2012

Tulip Festival Ride

A classic ride to the Wooden Shoe Tulip Festival

55 mi. • Cat III

9:00 AM

Start: Maude Williamson Park, North of Salem

Description: We will cross the Wheatland Ferry and ride past hop fields and over rolling hills through small towns and farming communities. Depending on the weather, we will have beautiful sights of Mt. Hood. We will ride to the Wooden Shoe Bulb Company for an awesome experience of walking through fields of many varieties and colors of tulips and other spring flowers. We will lunch in Mt. Angel.

<http://www.woodenshoe.com/tulip-fest/>

Leader: Barbi Thomson (541-258-6482)

Mar 31, 2012

Jefferson - Aumsville Loop

A new loop out of Jefferson

34 mi. • Cat II

9:00 AM

Start: Ace & Jo's home just north of Jefferson

Description: Ace has worked out a new route for us to ride. There are some hills and pretty views.

Leader: Ace & Jo (541-327-2813)

SUMMER RIDES START AT 9:00 am - unless otherwise noted

Wednesday Wanderers ~ Every Wednesday

Start at the Linn County Fairgrounds parking lot at 10 AM. Call Jo and Ace Johnson at 541-327-2813 for more information. See the website for other options on Wednesday rides

APRIL RIDES

Apr 7, 2012

Albany - Lebanon Long Loop #1

Scenic loop with a couple of hills

45 mi • Cat II

9:00 AM

Start: Parking lot at the Linn County Fairgrounds, Albany

Description: A scenic loop with a couple of minor hills. Some busy road riding, but shoulders are included. Lunch at 28 mi at SLCH cafeteria. Return via short leg to Albany.

Leader: Steve Snyder (541-981-1490)

Apr 7, 2012

Albany - Lebanon Stage Loop

Scenic loop with a couple of hills

26 mi • Cat II

9:00 AM

Start: Parking lot at the Linn County Fairgrounds, Albany

Description: Starts out with the Albany - Lebanon Long Loop and includes a couple of minor hills. Some busy road riding, but shoulders are included. Return from Crabtree via Knox Butte Rd. Lunch at Albany Beanery.

Leader: Wade & Debbie Bloecher (541-979-3401)

Apr 14, 2012

Scio - Mt Pleasant Loop

A Scenic Ride With 19 mi and 9 mi Options

32 mi • Cat II & III

9:00 AM

Start: 38795 N. Main St., Scio

Description: A nice ride of 32 miles with a 9 mi cut off and a 19 mi cut off. The main route of 32 mi. includes gradual climbing of about 1116 feet to the ridge just beyond Mt. Pleasant. There are pleasant (spectacular) views of the Santiam River basin to the north and the Thomas Creek basin to the south. This area is one of the oldest settled places in Oregon with a church (1854) and a school (@1910) and several barns (1910-1930) still standing from early times. The roads are quiet and the countryside quite scenic. Start and finish at May & Rogers' house and enjoy lunch at the Mexican/American restaurant across the street.

Leaders: Roger & May (503-394-3696)

Apr 15, 2012 (Sunday)

To Be Announced By e-Mail

A longer, more difficult ride

40 - 60 mi • Cat II or III

9:00 AM

Start: To be announced

Description: To augment our other rides and for some training in prep for the summer. These rides will be organized and announced via our ride e-mail process.

Leader: to be announced

Apr 21 & 22, 2012

Newport Ride Challenge

Overnight Tour To Newport and Back

70 mi each way • Cat III

8:00 AM

Start: Under Harrison Street Bridge, Corvallis

Description: The ride is a fun challenge to get us into "serious" biking for the season, especially for those who are building endurance before the Summer Tour. The route is about 70 miles each way. It takes US 20 as far as Blodgett then turns to less traveled county roads that pass through the towns of Summit, Logsdon, Siletz and Toledo. The terrain is varied with several significant hills (fitness required!) and many beautiful valleys plus 10 miles along the bay from Toledo to Newport.

Leaders: Mary Ellen & Dennis (541-738-8600)

Apr 21, 2012

Corvallis to Blodgett (Out & Back)

Parallel The Newport Ride A Bit

34 mi • Cat III

8:00 AM

Start: Under Harrison Street Bridge, Corvallis

Description: Same route as the Newport Ride. Follow the bike path to Philomath; ride US20 to Blodgett. Wish the Newport riders well. Return via same route to start. Lunch in downtown Corvallis.

Leaders: Roger & May (503-394-3696)

Apr 28, 2012

Jefferson - Independence Loop w/ferry return

A scenic loop including wildlife, vinyards and a ferry

37 mi • Cat II

9:00 AM

Start: Jefferson Middle School, Jefferson

Description: A pleasant route across generally low traffic roads through Ankeny wildlife refuge, among vinyards, nurseries, and blueberry fields. Cross the Willamette River by bridge and by ferry. Only a few minor hills. Lunch at Subway on Independence-Monmouth highway

Leaders: Jo & Ace (541-327-2813)

Apr 29, 2012 (Sunday)

To Be Announced By e-Mail

A longer, more difficult ride

40 - 60 mi • Cat II or III

9:00 AM

Start: To be announced

Description: To augment our other rides and for some training in prep for the summer. These rides will be organized and announced via our ride e-mail process.

Leader: to be announced

March 2012 Cycling

SUN

MON

TUE

WED

THU

FRI

SAT

Santiam Spokes

WINTER START TIME: 10:00 AM
Unless otherwise noted.



Outspoken Submissions
Please submit material for Outspoken to Kari Kropp:
bluekai78@comcast.net
PO Box 1183, Lebanon OR 97355

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Club Meeting 7:00 pm Samaritan Lebanon Community Hospital 525 N. Santiam Hwy Lebanon	3 Saturday, Mar 3, 2012 10:00 am Lebanon-Sweet Home Loop Start: SLCH, Lebanon Distance: 45 miles Cat II-III Leader: Roger & May (503-394-3696)	
4	5	6	7 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	8	10 Saturday, Mar 10, 2012 10:00 am Albany-Scio Loop via Hungry Hill Start: Beanery in Albany Distance: 33 miles Cat II Leader: Wade Bloecher (541-979-3401)	
11	12	13	14 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	15	17 Saturday, Mar 17, 2012 9:00 am Daffodil Ride Start: Harrisburg Park, Harrisburg Distance: 38 miles Cat II Leader: Bev Henderson (541-513-3916)	
18	19 Outspoken Submissions Due Please submit material for Outspoken by today	20	21 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	22	24 Saturday, Mar 24, 2012 9:00 am Tulip Festival Ride Start: Maude Williamson Park, North of Salem Distance: 55 miles Cat III Leader: Barbi Thomson (541-258-6482)	
25	26	27	28 Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	29	31 Saturday, Mar 31, 2012 9:00 am Jefferson-Aumsville Loop Start: Maude Williamson Park, North of Salem Distance: 34 miles Cat II Leader: Ace & Jo (541-327-2813)	

Visit our website for the latest information on rides: www.santiamspokes.org



Santiam Spokes, Inc.
c/o Samaritan Lebanon Community Hospital
P.O. Box 739, 525 North Santiam Hwy,
Lebanon, Oregon 97355
www.santiamspokes.org