

# OUTSPOKEN

Newsletter of Santiam Spokes, Inc.

Volume 21, No. 3 • December 2012 



**Jefferson to Stayton Riders**  
Ron, Jo, Dian, Robert, Ken and Dave  
Photo courtesy of Kari Kropf

## ***A note from the president***

As many of you already know, all of this year's officer positions were filled except for the Strawberry Century Coordinator. I asked for someone to volunteer at the October meeting and in the October newsletter. Just when I was beginning to lose hope that anyone would step forward, John Smith agreed to be Strawberry Century Coordinator.

This position is a big responsibility, so let's help John in any way we can to make this year's Strawberry Century a big success.

Thank-you John for volunteering to serve as this year's Strawberry Century Coordinator.

Thank-you  
Ron Kropf

## **Santiam Spokes Annual Holiday Party**

**Friday, December 7 • 6:30 pm**

**Santiam Place Event Hall  
139 Main Street, Lebanon**

All club members with their families are invited to come and enjoy the fun of scrumptious dining, happy conversation and white elephant gift exchange. The Club will provide the entree and drinks. Charles Taylor will prepare the delicious meat entree. Please join the potluck buffet by bringing a side dish.

If your last name begins with:

A – R : bring a salad or vegetable dish.

S – Z : bring a dessert

### **Gift Exchange**

Bring one gift for each person in your party. The White Elephant gift(s) are to be wrapped with no label. The gifts can be items that are humorous and/or something in your space that has outlived it's usefulness to you – like an artificial knee joint!

### **Food Share**

Also bring item(s) of food to the party that can be taken to the Lebanon Food Share program. Come enjoy an evening of fun with your bike riding friends and meet their families! Note: This event replaces our usual club meeting in December.





## Jefferson to Stayton Riders

Taking a break outside of Jefferson. Reason for the break? The facilities of course!

Photos courtesy of Kari Kropf

### Snacks

January

**Ron & Kari Kropf**

February

**Roger Gaither/May Garland**

March

**Lynn Trimpe**

April

**Debi Bloecher**

May

**OPEN**

June

**Dennis Murphy/Mary Ellen Lind**

July

**OPEN**

August

**Bill Pintard**

September

**OPEN**

October

**Doug Robin/Donna Short**



**OOPS!**

## Progressive Dinner Christmas Ride

Saturday, December 22

12:00 Noon

Start at Monticello, Albany

**cancelled**

The progressive dinner ride has been cancelled. Instead we will Ride Decker Road out of Corvallis. Meet under the Harrison Street Bridge in Corvallis at 10:00 am, our regular time. See the ride descriptions on page 5 for more details. Thanks, and sorry for any inconvenience!

**Santiam Spokes  
Minutes of the General Meeting  
November 1, 2012**

**7:05 Meeting called to order:**

**Presentation:** Jerry and Carol Selberg – Touring in Thailand

- Slideshow and discussion on the Solberg's tour of Thailand.

**8:15-8:30 Snack and visit**

- Thanks to Doug and Donna for providing the snacks for the evening

**Minutes –**

- Motion to Approve – Marshall
- 2<sup>nd</sup> - Bill Pintard
- Approved

**Treasurer's Report – Dennis Murphy**

- \$10,996.52 Cash Assets

**Membership Report – Wade & Debi Bloecher**

- Total Memberships: 89
- 143 Total Members

**Ride Report – Brian and Christine Hubbard**

- November Rides:
  - Loop the Buttes
  - Jefferson to Stayton
  - Santiam Bluffs
  - Brownsville-Holley
    - John Smith can lead this ride
- Working on a Progressive Dinner Ride for December
  - Probably in the Albany Area

**December Christmas Party – Ron Kropf**

- Friday, Decemeber 7<sup>th</sup> 2012
- Will be at Sally's Santiam Place in Lebanon
- Charles Taylor will provide the main meal
- Members will bring potluck meals to accompany.

**Mail – Debi Bloecher**

- We received a Thank you from the Lebanon Community Hospital Foundation for our donation of \$2691.
- The donations are used to fund various hospital programs.

**OLD BUSINESS:**

**Storage Costs/Facilities**

- Brian Hubbard has been researching trailers as a possible solution for storing Strawberry Century/Santiam Spokes supplies
  - Hard to find used trailer options currently
  - New Trailer Costs:
    - 6'x10' - \$2,000 and up
    - 6'x14' - \$4,000 and up
- Concerns:
  - Trailers are not made to be stored fully loaded
  - Security issues – May be too easy to steal

**NEW BUSINESS:**

**Strawberry Century Coordinator**

- Dennis Murphy said to call him if interested, and he can fill in the details and requirements
  - It's fun and easy, and not as intimidating as it sounds
  - John Smith is possibly interested in the position (Would need new person to be Historian)

**Jack Thomas Award**

- Ron Kropf requested that if you have a nomination for the Jack Thomas Award, please let him know.

**Ride Concerns – Bill Pintard**

- Brought up an incident (or series of incidents) that lead to riders getting ahead of and off route, and riders being left behind with breakdowns.
- Cell phones can be unreliable for contacting other riders
  - Messages get missed or lost. Phone may not be heard ringing, etc
- We need a dependable method for staying in contact with each other and not getting split up
  - One possibility is an intercom system. We've done this before with little success, but newer technology would most likely be more dependable

**Safety Triangles – Bill Pintard**

- We have some Safety Triangles available to purchase for \$6.00. This have been around for awhile and we need to get rid of them.

**Michigan Ride Calendar – Donna Short**

- Donna Short had a Michigan Ride Calendar and mentioned Midwest Rige Magazine as a resource. Michigan State is #1 for Rail Trails

**Poinsettias – Debi Bloecher**

- The hospital is having a fundraiser selling Poinsettias for the holiday season. \$12 each for 6 ½ inch tall. Preorder tonight, and they will be available on November 27, 2-4 pm.

**Refreshments – Ron Kropf**

- Please sign up to bring snacks to a future meeting
- Ron needs to send out email reminders to the snack persons before each meeting.

**Meeting adjourned**

Submitted by Kari Kropf



*Kari's confession: I ran out of club photos, so I substituted my un-official, non-club ride up Sodaville Mountain Home Road. Hey! I just want more credit and general "back slapping" for riding up this thing. Yeah, total abuse of my editorial position!*

*Photo courtesy of Ron Kropf*



# Membership Application

## In Santiam Spokes, Inc.

### Release Waiver

I waive any and all claims against the Santiam Spokes, inc. and its sponsor Lebanon Community Hospital and any other group associated with them in their programs. I agree not to hold them responsible for any accidents or injuries that I may experience as a participant in any of their activities. Further, I agree not to hold them responsible for damage to any property or equipment while participating in any of their activities. I agree to release them from any and all liability of any kind or nature, and by so doing I am allowed to participate in Santiam Spokes, inc. activities and programs. I agree to wear an A.N.S.I. or Snell approved helmet while participating in any and all Santiam Spokes rides. I agree to practice safe and courteous riding procedures and techniques and will obey all traffic regulations while participating in any and all Santiam Spokes rides.

Individual-\$10/yr       Family-\$15/yr

_____ Signature of 1st member	_____ Date
_____ Signature of 1st member	_____ Date
_____ Signature of 1st member	_____ Date
_____ Signature of 1st member	_____ Date

Complete all sections of this form and mail it with your check to

Santiam Spokes, Inc.  
c/o Samaritan Lebanon Community Hospital  
PO Box 739, Lebanon, Oregon 97355

You're now a member. We'll send you membership materials, and you will begin to receive a copy of *Outspoken*, our club newsletter, via email. Printed copy available upon request. Come to the next meeting and take part in the rides. Get involved in all club activities. The Club is what we make it.

\_\_\_\_\_  
Name of 1st member

\_\_\_\_\_  
Name of 2nd member

\_\_\_\_\_  
Name of 3rd member

\_\_\_\_\_  
Name of 4th member

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Home Phone

\_\_\_\_\_  
Work or Cell Phone (if available)

\_\_\_\_\_  
Email

### Sign Liability Release To The Left

..... Optional Information Below .....

[ \_\_\_\_ ] Age of 1st member      [ \_\_\_\_ ] Age of 2nd member

[ \_\_\_\_ ] Age of 3rd member      [ \_\_\_\_ ] Age of 4th member

\_\_\_\_\_  
Occupation of any Applicant

- I am a member of the League of American Bicyclists
- I am a member of Adventure Cycling
- I belong to other bicycling clubs as listed below:
- \_\_\_\_\_
- \_\_\_\_\_

### Ride Preferences:

- Easy, 3-15 mi.       Sport, 20-50 mi.
- Tour, 30-80 mi.       Competitive, 40-100 mi. fast
- Off-road, i.e. mountain biking

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Club Information: Santiam Spokes is a recreational bicycling club for cyclists of all ages & abilities. The Willamette Valley offers wonderful roads through beautiful farmland with plenty of hills nearby. We ride weekly Saturday year-around plus other times during the dryer months. Club meetings are normally each month the first Thursday at 7:00 PM at the conference center of Samaritan Lebanon Community Hospital. See *Outspoken* for specifics. The public is invited to the rides & meetings. 2012/2013 Club officers are: Membership > Wade & Debi Bloecher, 541-926-1639; President > Ron Kropf 541-401-7178; Vice President > Lynn Trimpe 503-580-2879; Ride Captains > Brian and Christine Hubbard 541-619-3006; Secretary > Christine Davies; Treasurer > Dennis Murphy 541-738-8600; Historian > John Smith 541-405-5397; Newsletter > Kari Kropf, 541-401-3349; Publicity > Mark Burdell 541-223-5331; WebMaster > Maurice Banning, 541-928-6311; Strawberry Century > Position open;

# DECEMBER RIDES 2012

The Terrain Category will be identified on each route description in the newsletter and on each route sheet that is given at the start of the ride. Also on the route sheet areas that are known to be hazardous will be marked with the word "CAUTION". The overall average group speed for our regular club is 12 - 14 mph, and 8 - 12 mph for Santiam Spinner rides. Some bikers choose to ride faster and sprint ahead of the group and some bikers ride slower. Each person may set his/her own pace. The ride leader usually selects places along the route where the bikers re-group, usually at a turn in the route. In case of extreme weather conditions, please call the ride leader or Jo Johnson, 541-327-2813, to check on the possibility of the ride being cancelled.

## KEY FOR ROUTE DESCRIPTION

Cat I	Flat to rolling hills. Easy pedaling.
Cat II	More frequent rolling hills, possible several short, steep hills. A hearty workout.
Cat III	Moderate, longer hills, with a few steep climbs. Need to be experienced and in good biking condition.
Cat IV	Frequent hills, some long and steep climbs. These are tough rides that require endurance.

WINTER RIDES START AT 10:00 am - unless otherwise noted

### Wednesday Wanderers

**Every Wednesday • 10:00 am**

Start at the Linn County Fairgrounds parking lot. Call Jo and Ace Johnson at 541-327-2813 for more information.

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**Saturday, December 1, 2012 • 10:00 am**

Lebanon to Crabtree

**33 mi**

**Start: Samaritan Lebanon Community Hospital**

**Description:** A nice loop route between Lebanon and Crabtree with only a couple of serious hills. We will have lunch at the Tavern in Crabtree

**Leader: To be determined**

**Saturday, December 8, 2012 • 10:00 am**

Head to Shedd

**35 mi • Cat I**

**Start: Samaritan Lebanon Community Hospital**

**Description:** Ride south across flat country, over plainview, Boston Mill and cross over I-5. Lunch will be at either the Shedd store or the café across the street. Return Wirth road to Tangent Dr. Lots of agriculture

**Leader: Ron and Kari Kropf, 541-401-7178**

**Saturday, December 15, 2012 • 10:00 am**

Albany - Lebanon Loop

**30 mi • Cat I**

**Start: The Beanery in Albany**

**Description:** Flat loop route between Albany and Lebanon with a lunch stop at Big Town Hero in Lebanon.

**Leader: To be determined**

**Saturday, December 22, 2012 • 10:00 am**

Decker Road

**Please Note:** This ride will replace the Progressive Dinner Ride originally planned for the day.

**31 mi • Cat II**

**Start: Harrison Street Bridge, Corvallis**

**Description:** We will ride out of Corvallis to Decker Road & Bellfountain Road. A favorite loop route that has a few climbs and passes through some beautiful Christmas tree country.

**Leader: Dennis Murphy & Mary Ellen Lind, 541-738-8600**

**Saturday, December 29, 2012 • 10:00 am**

Lebanon to Lacombe

**35 mi • Cat II**

**Start: Samaritan Lebanon Community Hospital**

**Description:** We head over the Grant Street bridge to Mt. Hope road, play on some nice little rollers, pedal up Mt. Pleasant to Lacombe, zip down Baptist Church and return via Old Bellinger Scale and a portion of the Strawberry Century route. There are two small stores to purchase snacks, if needed in Lacombe. We'll have lunch back in Lebanon.

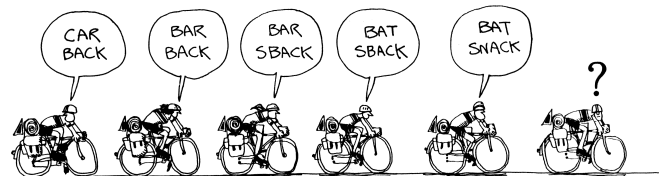
**Leader: Tom and Barbi Thomson, 541-258-6482**

### SANTIAM SPINNERS - December

The routes for Santiam Spinners are generally flat with occasional moderate hills, along low-traffic secondary roads. Average speed will be within 8 — 12 mph. The group will stay together and look out for each other. Length of route will be approximately 20 miles, plus or minus, and riders are welcome to return early for a shorter ride option.

Santiam Spinners will arrange rides through the use of a phone tree. If you are interested in participating in a Santiam Spinners ride contact Ken Fullen for information on any upcoming Spinner rides.

**Contact: Ken Fullen, 541-327-2084**





Santiam Spokes, Inc.  
 c/o Samaritan Lebanon Community Hospital  
 P.O. Box 739, 525 North Santiam Hwy.  
 Lebanon, Oregon 97355  
 www.santiamspokes.org

December 2012					Santiam Spokes	
SUN	MON	TUE	WED	THU	FRI	SAT
See inside newsletter for more ride details, or visit our website at <a href="http://www.santiamspokes.org">www.santiamspokes.org</a>  <b>Outspoken Submissions</b> Please submit material for Outspoken to Kari Kropf: <a href="mailto:bluekat78@comcast.net">bluekat78@comcast.net</a> PO Box 1183, Lebanon OR 97355						<b>Saturday, Dec 1 10:00 am</b> <b>Lebanon to Crabtree</b> <b>Start:</b> Samaritan Lebanon Community Hospital 33 miles Leader: To be determined <b>Santiam Spinners</b> Contact: Ken Fullen, 541-327-2084
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	<b>FRIDAY 7</b> <b>Club Meeting</b> Join us on <b>Friday Dec 7</b> for our Holiday Party at 6:30 Santiam Hall		<b>Saturday, Dec 8 10:00 am</b> <b>Head to Shedd</b> <b>Start:</b> Samaritan Lebanon Community Hospital 35 miles / Cat II Leader: Ron and Kari Kropf, 541-401-7178 <b>Santiam Spinners</b> Contact: Ken Fullen, 541-327-2084
<b>9</b>	<b>10</b> <b>Outspoken Submissions Due</b>	<b>11</b>	<b>12</b> Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	<b>13</b>		<b>Saturday, Dec 15 10:00 am</b> <b>Albany - Lebanon Loop</b> <b>Start:</b> The Beanery in Albany 30 miles / Cat I Leader: To be determined <b>Santiam Spinners</b> Contact: Ken Fullen, 541-327-2084 for information on Spinner Rides
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	<b>20</b>		<b>Dec 22 10:00 am</b> <b>Decker Road</b> <b>Start:</b> Harrison Street Bridge, Corvallis 31 mi • Cat II Leader: Dennis & Mary Ellen, 541-738-8600 <b>Santiam Spinners</b> Contact: Ken Fullen, 541-327-2084
<b>23</b>	<b>24</b>	<b>25</b> <b>Christmas</b>	<b>26</b> Wed. Wanderers Start at Linn County Expo parking lot at 10 AM. Call Jo & Ace Johnson at 541-327-2813 for more information.	<b>27</b>		<b>Dec 29 10:00 am</b> <b>Lebanon to Lacombe</b> <b>Start:</b> Samaritan Lebanon Community Hospital 35 miles / Cat II Leader: To be determined <b>Santiam Spinners</b> Contact: Ken Fullen, 541-327-2084

Visit our website for the latest information on rides: [www.santiamspokes.org](http://www.santiamspokes.org)