

# OUTSPOKEN

Newsletter of Santiam Spokes, Inc. • Volume 17, No. 12 • September 2009

## SANTIAM SPOKES SUMMER TOUR August 16 - 22, 2009 CRATER LAKE LOOP

Our club has repeated the Crater Lake Loop route three times. The route and tour was originally scouted and developed by Roger Gaither. With a few changes and a route sheet, the route was again traveled with the help of inside clues such as swimming holes in rivers/creek and good restaurants. Ten tough riders biked 295 miles over many, many hills (mountains?) and were supported by two helpful sag drivers. The group included: Rod and Raylene Sell, Ron and Kari Kropf, Dennis Murphy, Mary Ellen Lind, Ken Orwick, Kathleen (Kat) Bonnar (club member from Rogue River), Frank Gaillardet and Terry Virnig. Chuck Young was our trusty sag driver; his services were paid by club funds. Pam Brown, a friend of Kat, drove the route and primarily gave support to Kat. Also Dian Gerstner, Al Rimer and Bill Pintard join the group for the ride around the Crater Lake rim.



Vegetable stand near Tiller. Ken with local farmer.  
Photo courtesy of Ron Kropf

At our first meal-gathering seven bikers volunteered to write an account of the highlights that they experienced on one day of the trip. Enjoy hearing their description of our fun - and a few hardships!

**DAY 1: CANYONVILLE  
TO THREE HORN  
CAMPGROUND  
- by Ron Kropf**

We had a nice ride to drive to Canyonville. Kari and I

1 Cont. on page 4



**Above:** Crater Lake Group: Kat, Kari, Rod, Raylene, Ron, Mary Ellen and Dennis. Start of the rim ride.

Photo courtesy of Kari Kropf

## September 5, 9:00 am Annual Winery Ride Start at Amity City Park.

This year we will be riding in the Eola Hills area, north and west of Salem. Five wineries scheduled. Approx 25 miles of ups and downs.

Ride leaders - Barbi Thompson and Bev Henderson. See more details under September rides!

## September Meeting

**September 3, 2009  
Thursday • 7:00 pm**

**Samaritan Lebanon Community Hospital  
525 N. Santiam Hwy, Lebanon**

carpooled with Ken Orwick. We found time to stop and check out the casino before we met with everyone. We arrived at City Hall and loaded all of our stuff into Chuck's pickup & trailer. We went over to a restaurant and had lunch before we started the ride (we need to start every ride like this!) It was a beautiful day to ride - warm, but not too hot. The scenery along the way was beautiful. About half-way through the ride some of us went swimming. I was a little hesitant about swimming in bike shorts, but they dried out pretty fast. Ken Orwick had the first flat of the tour. He had latex gloves on to keep his hands clean. Before he took them off he asked if anyone needed anything checked! After a long uphill climb we camped at Three Horn Campground.

**DAY 2: THREE HORN TO UNION CREEK RESORT AND CAMPGROUND - by Terry Virnig**

1) Saw a fantastic Shooting Star Last Night. Quiet Campground until 06:00 when J-Brakes of log trucks setting up for down hill run awoke us all. Got everyone up on schedule after the 1st day in the saddle. No showers. We stink!

2) Breakfast of cereal, fruit, coffee, tea, etc. Who is this human dynamo called Raylene? I have not experienced a trip where I do not do most of the camp chores. This may be a new experience for me. Vehicles packed and breakfast over at 07:45. On the road at 08:00. Dennis warned again about excessive speed on downhills. In this country with the turns and the log trucks, speed kills even on bicycles. Supposed to be a good bike lane. I don't think so.



Who's working...and who's got beer! Rod and Dennis at Union Creek Campground. Photo courtesy of Kari Kropf

3) 09:24 Sunset Country Store. Rogue is beautiful here. Saw wild turkeys, deer. Colorful pair of ladies at the store. Looked the "deliverance" type but good attitude and friendly. Proceeded to tell me about a cyclist run over by a road rage driver in the

neighborhood. Dragged the guy 100'. We do not scare easy in this group.

4) Frank broke a brake just before descent and the Doc and he spent time on repairs before they were able to proceed to the rest of us.

5) Dennis climbed the hill at highway 62 with his brakes dragging. I thought he was a stud but this is carrying it a bit far.

6) 12:18 Mill Creek Falls Rd. - Loved the access road that we entered town on. Nice properties. Views of canyon, beautiful, nice weather.

7) Lunch at Prospect bar. Food OK. Hunter Deco. These folks can eat.

8) Easy ride from prospect. Reached Union Creek Campground at 15:05. Multiple campsites open. Couples took campsites. Singles filled the cabin. Bed and shower fantastic. Simple stuff makes a big difference on a ride like this. Wish I was rich.

9) Note on Dennis. Good day for him. Broke his kick stand, climbed the hill with a sticking brake. During his shower, his back tire blew out (figure that one out).

10) Ken and Kate also plagued by multiple flat tires.

11) Doc Ken and Terry hiked 5 miles along Rogue Gorge in the evening. Stunning scenery. We were able to walk dry across the Rogue at the Natural Bridge where the entire Rogue dives down into a lava tube and re-emerges down the stream line.

12) Beer is good.

**DAY 3: UNION CREEK TO MAZAMA CAMPGROUND (at Crater Lake) - Kari Kropf**

After breakfast at Union Creek, we made our first stop of the day at some falls just above the resort, along highway 62. Traffic was pretty busy along the highway with quite a few trucks and no shoulder to speak of, but the road became much quieter after turning off at the junction toward Crater Lake. It was a steady climb most of the way, but it was pleasant in the morning air with plenty of shade along the road. Ron and I took a number of breaks from riding, to enjoy a viewpoint, or just to rest for a moment. Although we started ahead of some of the other riders, eventually they all caught up and passed us at some point. We rode along with Dennis and Mary Ellen for awhile, but eventually stopped to take some pictures of the canyon along the side of the road. Rod came back down the road, gave us a description of the route ahead, and rode



Dennis and Mary Ellen Riding along Hwy 62 up to Mazama Campground.  
Photo courtesy of Ron Kropf

along with us for a bit at our leisurely pace. After the last set of S-curves we had a nice down hill into the park. We had one brief patch of oiled road just at the entrance. There was a line of cars to get into the park, so we just queued up along with them and were soon inside.

We found our campsites and picked a spot for the tent, then went for showers. They were free after all - yeah! But the hot water was very brief and we finished with cold water at the last.

Pam and Kat had to make a run into Medford for bike repairs, but were back before dinner, ready to roll. Al, Bill, and Dian showed up late in the afternoon ready for tomorrow's rim ride. They rented a cabin at Union Creek for the night. After much discussion it was decided to start the ride around 7:00 am.

The funniest moment of the day I wasn't witness to, so I will let Raylene tell this story: Rod gave Mary Ellen what he thought was a Black Butte Porter Beer because that's the only beer she really likes. But accidently Rod gave Mary Ellen an Obsidian Stout...she downed the Stout in no time at all, made a comment about how good it tasted, turned her bottle upside down and said to Dennis, "One Dead Guy down." Then she turned and pointed to a tree and said, "That tree looks like it has...." (well, lets just say it looked like it had a couple of particular male anatomical features. Look for the tree photo and you'll understand.) Everyone had to look at the tree and, sure enough, Mary Ellen was right. We all saw 2, three-foot burls at its base. It just took a little lubrication to bring out the truth.

We ended the day with a great meal and good company. Several riders drove up to the rim to view the sunset. The rest of us headed for the tents to rest up for the big day coming up.

#### DAY 4: MAZAMA CAMPGROUND/RIDE AROUND CRATER LAKE RIM - by Rod Sell.

The sign said, "Bears are in this camp!" In preparation for a restful night everyone carefully packed all the food into the provided bear-proof metal boxes at each camp site. In the middle of the night Ron Kropf heard a bear scratching at their tent. He bravely reached across the tent to thwart the attack brushing Kari's legs. Ooops, not a bear....it was only Kari bicycling in her sleep. However, Kari awakened by something running across her legs and was sure Ron had let a chipmunk in the tent.

A few hours later we were all ready to challenge the rim but with bear and chipmunk dreams some could use more sleep.

Three couples, Two Sags, Three Singles, one Adventure Traveler and Three Amigos left camp about 7:00 am. Chocolate Chip Face led the hodgepodge of travelers toward the rim. Soon after the rim, the Three Amigos found their own way, the Three Couples each proving inseparable, the Adventure Traveler (missing his ever present fishing pole), and the Three Singles formidably charging clockwise and the Two Sags saving the day.

Before the day was done 15 adventurers had successfully ridden and driven the 40 plus miles from camp and back around the most spectacular sight in all the world. Some wondering, "Why do I come back again and again to ride the hardest bike event of the year?" Answers from the 15 adventures:

Could it be the



Raylene somewhere along Crater Lake Rim Drive.

WAHOO downhill? The shared showers at the end of the ride? The climbs...no more...no less? The new heart valves? The easy ride to the rim? The cold refreshing waterfall showers? The after ride car trip to Union Creek for beverages? The invisible line between reflection in the lake and mother earth? The climb up to Mount Scott lookout? A beautiful safe exhilarating ride for everyone?

You choose or join the fun and experience the beauty of Crater Lake for yourself.

### **DAY 6: FISH LAKE TO ROGUE ELK CAMPGROUND - by Ken Orwick**

Great Trip! Varied activities and flexibility is a fun vacation for me. These things happened every day as I enjoyed great company, new friends, fantastic scenery, mixed with healthy exercise and being spoiled by good food and planning by the fantastic ride organizers.

A great sleep under the large trees with a campfire after a sunset dinner on the deck. Six a.m., up to canoe, fish, and find the otter family with Frank; No fish, but fun scenery and sunrise on Mt. McLaughlin. Another breakfast of everything one could desire and the start of a fantastic 20 mile downhill to Butte Falls. Terry and I detoured to fish. A lure did not do much, but the local kids shared their worms and we caught, one hour later, four 12-inch beautiful rainbows to add to the cooler. (I carried an 18 inch hiker spin rig in my back pannier that served as a flag until a fishing spot came along.)

I missed the brunch in Butte Falls at a sweet outside cafe with a herb garden.



*Rod and Ken cool off at a swimming hole along Crowfoot Road.  
Photo courtesy of Kari Kropf*

We all did another semi-flat 15 miles to the waterfall swimming hole; high noon sure made the cold water feel great. Three more miles and we had a Rogue Riverside campsite.

Some relaxed, but 8 crazies made easy connections for the 3-hour river rafting/water fight. (\$10 per person--everything was very inexpensive.) Back to camp for the fantastic spaghetti; wine to toast our nearly completed trip, and more Oregon Trivia. (The fire-baked fish with plenty of garlic made a great desert!) Headphones and a boring history tape allowed me to sleep well with noisy neighbors.

### **DAY 7: ROGUE ELK TO CANYONVILLE - by Dennis Murphy**

The morning came very early for me with a quiet walk to the rest rooms at 1:30. In looking up at the stars, I had to stop walking, and just admire the beauty of the Milky Way, our home constellation, as it spread across the

night sky above my head. The look at the stars in those early morning hours must have had a strong impact on me, as it took me a while to find where we were camped. Dawn came soon enough after my walk, and by now we were all well practiced in taking down the tents, and enjoying another group breakfast. We were soon well packed, and ready to embark on our final day of riding. It was a little sad to leave the Rogue River, it had brought us a lot of laughter, and the sounds of it flowing toward the ocean had certainly helped many of us sleep well that night.



*Another stop at Threehorn campground. This time for lunch.  
Photo courtesy of Ron Kropf*



*Kat and her friend Pam, our other sag driver for the tour.*

*Photo courtesy of Kathleen Bonnar & Pam Brown*

The ride on Saturday morning began with a climb to Three Horn Campground where we would have lunch. This was a gradually steep 12-mile climb, with occasional beautiful vistas of the surrounding mountain ranges. I thought that I was bringing up the rear when I saw a group of cyclist approaching at a rather rapid pace behind me. I did wonder briefly as to how I got in front of everyone. I know that I am really fast when it comes to hills...but still this confused me. Soon it became apparent that these cyclists were from a local bike club, and as they went by me at a rapid pace, I saw Frank in the middle of the pace line! There was a story here, but I would not hear it until later in the day.

The long climb to Three Horn campground was over around noon, and the plan was to have lunch there. So we parked our bikes at the beginning of the gravel road, and walked down to a campsite, where Chuck was with the truck, and the picnic table was already set up with a variety of good food for lunch. We had completed the last significant climb for the tour. From here to Canyonville, it was primarily downhill, with a

traditional strong headwind, to keep us from becoming too relaxed. The ride down the hill from Three Horn was exhilarating, then we rode along some beautiful canyons, and finally we broke into the rolling foothills that just a week before we had been biking in the opposite direction on. Ken Orwick reminded us of the swimming hole about 15 miles outside of Canyonville, and so a few of us took the time to cool down once again.

We rode into Canyonville around three o'clock in the afternoon. It didn't take us long to have the bikes and gear loaded into our vehicles. We then ended the tour with several group pictures that will help to remind us in the future of the wonderful adventure that we had just completed. When I returned home, I read a Newsweek article that talked about the Milky Way. Scientist believe that there are probably 100 billion earth like planets in the Milky Way alone. There has got to be some great tours on at least a few of those planets. Can you imagine?

We want to give credit to this year's Summer Tour committee: Raylene Sell (purchased and presented most of the food for group meals); Kari Kropf (designed the map coversheet for route); Mary Ellen Lind and Dennis Murphy (drove tour route in July); Mary Ellen Lind (provided route sheet; scheduled campsites and oversaw financial details); and Ken Orwick (helped with decision for Crater Lake route). We hope these stories will encourage you to participate in a wonderful biking experience in 2010. You'll soon have opportunity to serve on next year's summer tour committee and to decide where we'll ride next summer!

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*Mary Ellen Lind, editor & comments at beginning and end*

## **Minutes for Santiam Spokes General Meeting August 6, 2009 - 7:00 pm**

The meeting was called to order at 7:10 pm. Bill Pintard gave a slideshow presentation of his family geneology trip to France.

8:10 Snack break.

8:20 Resume meeting. The minutes as written in the newsletter were presented and approved.

Guests: We had several new guests at the meeting. Jim and Linda Lawrence, and Vince Nowell also brought his wife to the meeting.

Membership Report: 157 members with two new members.

Treasury Report: \$17081 in the bank. Profit and loss report passed around at the meeting. Two donations: \$3,000 Hospital foundation and \$400 for Rail Trails.

Ride Report: Bev Henderson. August rides: Head to Shedd, Albany-Jefferson-Dever Conner, Decker Road in reverse, Jefferson to Mehama, and Peoria Road. In September we will have a Winery Ride. Also Santiam Terrace, Albany to Dallas, and Oktoberfest.

There was a brief discussion on the upcoming Crater Lake Tour. It's still on.

Website Report: Vince Nowell. There are some added new links to the website, and some general updates. Some new area rides added, including an upcoming Recumbent Retreat at Ft. Stevens.

Announcements: There was a discussion on the upcoming Albany Criterium on August 15. Some club members will be volunteering to help with setup and/or day of race. It will be a short, fast course and is the State championship.

Covered Bridge ride is also coming up, and a State Fair bicycle parade.

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*Minutes submitted by Kari Kropf*



End of the ride group photo. Raylene & Rod Sell, Kari & Ron Kropf, Mary Ellen Lind & Dennis Murphy, Terry Virnig, Kathleen Bonnar, Frank Gaillardet, Chuck Young, Ken Orwick, back in Canyonville.

Photograph courtesy of Pam Brown

Join us at the October General Meeting where there will be a presentation of the tour.

**Club Information:** Santiam Spokes is a recreational bicycling club for cyclists of all ages & abilities. The Willamette Valley offers wonderful roads through beautiful farmland with plenty of hills nearby. We ride weekly Saturday year-around plus other times during the dryer months. Club meetings are normally each month the first Thursday at 7:00 PM at the conference center of Samaritan Lebanon Community Hospital. See Outspoken for specifics. The public is invited to the rides & meetings. 2006/7 Club officers are: **Membership** > Jo Johnson, 541-327-2813; **President** > Ken Orwick, 541-451-2945; **Ride Captain** > Beverly Henderson, 541-513-3916 & Mary Ellen Lind, 541-738-8600; **Secretary** > Raylene Sell, 541-258-8328; **Treasurer** > Maurice Banning, 541-928-6311; **Historian** > Historian needed; **Newsletter** > Kari Kropf, 541-401-3349; **Publicity** > Craig Eucken, 503-394-2384; **Web Master** > Vince Nowell, 541-928-7594; **Strawberry Century** > Dennis Murphy, 541-738-8600. Membership information and form are posted on our web site (santiamspokes.org), or call any of the officers.

# Membership Application

## In Santiam Spokes, Inc.

### Release Waiver

I waive any and all claims against the Santiam Spokes, inc. and its sponsor Lebanon Community Hospital and any other group associated with them in their programs. I agree not to hold them responsible for any accidents or injuries that I may experience as a participant in any of their activities. Further, I agree not to hold them responsible for damage to any property or equipment while participating in any of their activities. I agree to release them from any and all liability of any kind or nature, and by so doing I am allowed to participate in Santiam Spokes, inc. activities and programs. I agree to wear an A.N.S.I. or Snell approved helmet while participating in any and all Santiam Spokes rides. I agree to practice safe and courteous riding procedures and techniques and will obey all traffic regulations while participating in any and all Santiam Spokes rides.

Individual-\$10/yr.       Family-\$15/yr.

Signature of 1st member \_\_\_\_\_ date \_\_\_\_\_

Signature of 2nd member (if family app) \_\_\_\_\_ date \_\_\_\_\_

Signature of 3rd member (if family app) \_\_\_\_\_ date \_\_\_\_\_

Signature of 4th member (if family app) \_\_\_\_\_ date \_\_\_\_\_

**Complete both sections of this form and mail it with your check to:**

Santiam Spokes, Inc.  
c/o Lebanon Community Hospital  
P.O.Box 739, Lebanon, OR 97355

You're now a member. We'll send you membership materials & Outspoken. Come to the next meeting and take part in the rides. Get involved in all club activities. The Club is what we make it.

• Please Print Clearly •

name of first member \_\_\_\_\_

name of second member, if family application \_\_\_\_\_

name of third member, if family application \_\_\_\_\_

name of fourth member, if family application \_\_\_\_\_

mailing address \_\_\_\_\_

city \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_

( ) \_\_\_\_\_ ( ) \_\_\_\_\_  
home phone (important)      work phone (if avail)

e-mail address (important) \_\_\_\_\_

Sign Liability Release To The Left

••••• **Optional Information Below** •••••

age 1st member     age 2nd member

age 3rd member     age 4th member

Occupation of any applicant \_\_\_\_\_

I am a member of the League of American Bicyclists.

I am a member of Adventure Cycling.

I belong to other bicycling clubs as listed below:

\_\_\_\_\_

Ride Preferences (i.e. enjoy most, do most)

Easy (3 - 15 mi.)     Sport (20 - 50 mi.)

Tour (30 - 80 mi.)     Competitive (40 - 100 mi. fast)

Off-road (i.e. mountain biking)

# SEPTEMBER RIDES 2009

## KEY FOR ROUTE DESCRIPTION

Category I:	Flat to low rolling hills (quite easy pedaling).
Category II:	More frequent rolling hills, possibly several short, steep hills (a hearty workout).
Category III:	Moderate, longer hills, with a few steep climbs (need to be experienced and in good biking condition).
Category IV:	Frequent hills, some long and steep climbs (these are tough rides and will take endurance).

The Terrain Category will be identified on each route description in the newsletter and on each route sheet that is given at the start of the ride. Also on the route sheet areas that are known to be hazardous will be marked with the word "CAUTION". The overall average group speed for our club is 12 - 14 mph. Some bikers choose to ride faster and sprint ahead of the group and some bikers ride slower. Each person may set his/her own pace. The ride leader usually selects places along the route where the bikers re-group, usually at a turn in the route.

In case of freezing rain, snow, flooding, earthquakes, fire, tsunamis or other extreme weather conditions, please call the ride leader or Bev Henderson (541-513-3916) to check on the possibility of the ride being cancelled. If the ride is cancelled it will be rescheduled later in the year.

**September 5, 2009 9 a.m.**

## **ANNUAL WINERY TOUR**

Start at Amity City Park. Category II and III. This year we will be riding in the Eola Hills area, north and west of Salem. Five wineries scheduled. Approx 25 miles of ups and downs. Ride leaders - Barbi Thompson and Bev Henderson.

Greetings and howdy-do! It's time for our annual trip in the wine country of Oregon. This year we will be riding in the Eola Hills area, north and west of Salem. Starting in Amity we will go south to Bethel Road, which goes past the former community of Bethel on our way to the first of five planned stops. Some of the wineries have tasting fees (\$5.00), some do not. Bring a lunch to eat at either Mystic Winery or Brooks Winery. Sag support will be provided. This is one of the weekends that the wineries will have open houses, so be prepared to ride on somewhat busy roads. Are there hills, you ask? Well, the route has its ups and downs. Come and join us at the city park in Amity, 9:00, for the start of fabulous and fun frolic in part of the Willamette Valley wine country.

**September 12, 2009 9 a.m.**

## **SANTIAM TERRACE**

End of summer biking - we're all fit for a challenge, right? You get this on a local route that includes opportunity to view our beautiful valley from above and below. The ride starts at the Samaritan Lebanon Community Hospital and follows some of the Strawberry Century route. Then the route turns onto roads such as Santiam Terrace, Liberty Rd, Fern Ridge Rd and Old Holley Rd going toward Sweet Home. We will have lunch in Sweet Home. The route will return by way of Cascade Drive and Crowfoot into Lebanon. Terrain Category III. Approximately 50 miles.

Ride Leader: Maurice Banning, Ph. 541-928-6311

**September 19, 2009 9 a.m.**

## **OKTOBERFEST RIDE**

Revel in the Bavarian charm of Mt. Angel's annual Oktoberfest. Mt. Angel, Oregon was founded over a century ago by German monks. Every year the town has an Oktoberfest celebration. The ride will start at Maud Williamson State Park on Wallace Road west of Salem. It crosses the Willamette on the Wheatland Ferry then heads northeast. Our club member, Craig Eucken, got us going with this traditional ride. He says the enticement of this ride for him is to enjoy German-style culture such as beer and real German bratwurst as we watch dancing and singing. We'll spend about an hour at the no-fee event then continue the ride.

Terrain Category I. Approximately 35 miles.

Ride Leader: Jerel Gall, Ph. 541-258-8945

**September 26, 2009 9 a.m.**

## **ALBANY TO DALLAS**

This ride offers more distance than most of our rides with gentle rollers in a corner of the Valley that we don't often visit. Dian Gerstner invites bikers to come to her home early before the ride for bagels and coffee then to start the ride from her house, 1020 Pulver Ln. (off of North Albany Road). Take this opportunity to enjoy biking through mostly open country past many fields and orchards that are just harvested and to see early autumn colors. We ride through Monmouth and along Hwy 99W on bike path. Lunch at Murphy's Grill in Dallas. Terrain Category II.

Approximately 60 miles.

Ride Leader: Dian Gerstner, Ph. 541-926-1565

## **DIRECTIONS TO START LOCATIONS**

### **Linn County Fairgrounds**

3700 Knox Butte Rd, Albany, OR 97321

From North: Take exit 234A (toward Fair / Expo / Knox Butte) Becomes Airport Rd. SE. Turn right onto Pacific Blvd. SE. Stay straight to go onto Knox Butte Rd. End at 3700 Knox Butte Rd. Park in Fair/expo parking lot near flagpoles.

From South: Take exit 234. Turn right onto Knox Butte Rd. Park in Fair/Expo parking lot near the flagpoles.

### **Samaritan Lebanon Community Hospital**

525 N. Santiam Hwy, Lebanon

From North: I-5 exit 233 go east on Hwy 20 to Lebanon. Just north of Lebanon the hospital is on the left. Park in back.

From South: I-5 exit 228/Hwy 34: I-5, East on Hwy 34 to intersection with Hwy 20 in Lebanon, left on Hwy 20 about 1/2 mile. Lebanon Hospital on right. Park in back.

### **Directions to Amity City Park:**

Take Hwy 99W north to Amity. Turn right on Church, park is right there. Park on the side of the street closest to the park.

### **Maud Williamson Recreation Site**

**From I-5:** take exit number 263, towards Brooks. Turn left onto Brooklake Rd. Turn right onto Wheatland Rd N. Turn left onto Wheatland Ferry Rd. Cross on the ferry and continue on to Wallace Rd. Turn right onto Wallace Rd NW. Park at Maud Williamson Recreation site.

**From Hwy 22,** west of Salem: Head north on Hwy 221. Drive about 12 miles to Maud Williamson Recreation Site.

### **Dian Gerstner's House • North Albany**

1020 Pulver Lane, (off of North Albany Road),

**From I-5** take exit 233 merge onto hwy 20 Head west into Albany. Take the US-20 ramp toward ALBANY / CITY CENTER / CORVALLIS. Cross over the Willamette River and turn right at N. Albany Rd. (second light). Bear left onto Gibson Hill Rd. Turn left onto Pulver Lane. From Corvallis take Hwy 20 to N. Albany Rd.

Volunteer to Lead a Ride!

If you would be interested in leading a ride please contact: Bev Henderson, phone number 541-513-3916, or Mary Ellen Lind, ph. 541-738-8600.

[www.santiamspokes.org](http://www.santiamspokes.org)

# September 2009 Cycling • Santiam Spokes

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>	<b>2</b> <b>Wed. Wanderers</b> No host rides will generally start at the Linn County Fairgrounds parking lot at 10 AM. Call Bill Pintard @ 541-967-3295 for information.	<b>3</b> <b>CLUB MEETING</b> 7:00 pm Samaritan Lebanon Community Hospital 525 N. Santiam Hwy. Lebanon		<b>5</b> Saturday Sep 5, <b>Annual Winery Tour</b> Start Location: Amity City Park. Distance: 25 miles. Description: Cat II & III Ride Leaders: Barbi Thompson and Bev Henderson. Sag provided. Bring a sack lunch. Some fees at some winerys 9:00 am
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b> <b>Wed. Wanderers</b> No host rides will generally start at the Linn County Fairgrounds parking lot at 10 AM. Call Bill Pintard @ 541-967-3295 for information.	<b>10</b>		<b>12</b> Saturday Sep 12, <b>Santiam Terrace</b> Start Location: Samaritan Lebanon Community Hospital Distance: 50 miles. Description: Cat III Ride Leaders: Maurice Banning, Ph. 541-928-6311 9:00 am
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b> <b>Wed. Wanderers</b> No host rides will generally start at the Linn County Fairgrounds parking lot at 10 AM. Call Bill Pintard @ 541-967-3295 for information.	<b>17</b>		<b>19</b> Saturday Sep 19, <b>Oktoberfest Ride</b> Start Location: Maud Williamson State Park Distance: 35 miles. Description: Cat. I Ride Leaders: Jerel Gall, Ph. 541-258-8945 9:00 am
<b>20</b>	<b>21</b> Please submit material for Outspoken by today to Kari Kropf: bluekat78@comcast.net PO Box 1183 Lebanon, OR 97355 541.401-3349	<b>22</b>	<b>23</b> <b>Wed. Wanderers</b> No host rides will generally start at the Linn County Fairgrounds parking lot at 10 AM. Call Bill Pintard @ 541-967-3295 for information.	<b>24</b>		<b>26</b> Saturday Sep 26, <b>Albany to Dallas</b> Start Location: Dian Gerstner's House Distance: 60 miles. Description: Cat. II Ride Leaders: Dian Gerstner, Ph. 541-926-1565 9:00 am
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> <b>Wed. Wanderers</b> No host rides will generally start at the Linn County Fairgrounds parking lot at 10 AM. Call Bill Pintard @ 541-967-3295 for information.	<b>For the latest information visit our website: www.santiamspokes.org</b>		



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